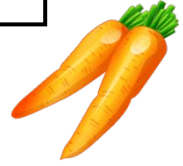


Mid-Iowa Community Action, Inc.

Helping People. Changing Lives. Building Communities.

Story County Resource Guide www.storycountyresourceguide.org



FOOD PANTRIES

Ames

Mid-Iowa Community Action (MICA): (515) 956-3333, 230 SE 16th Street, Mon-Fri 8:30am-4:30pm. Can be visited once every two months. Must show current photo ID. www.micaonline.org

Bethesda Lutheran Church: (515)232-6256, 1517 Northwestern Ave. Mon/Wed 9-11am, Tue/Thur 1-3pm & Tue 6:30-8pm. Can be visited once a month. Photo ID required. Use west entrance. www.bethesdanet.org

Calvary United Methodist Church: (515) 232-6329, 1403 24th St. Tue 2-3:30pm. Can be visited once a month.

First Evangelical Free Church :(515) 232-2765, 2008 24th St. Tue 2-4pm, Thursday 9am-12 noon. Must live in Ames and provide photo ID with current address. Can be visited every other month for 3 times total in 6 months, then once every 6 months. Does not provide vouchers.

Food at First: First United Methodist Church and Ames Woman's Club (515) 344-HELP[4357].MEAL TIMES: Sundays @ 5:15-6:45@ FUMC (516 Kellogg Ave. Mondays and Tuesdays @ 5:15-6:45 @ FUMC. Wednesdays @ 7:15-8:45am (breakfast) @ FUMC. Wednesdays @ 5:15-6:45 @ Womans's Club (106 S Dakota Ave). Thursdays and Fridays @ 5:15-6:45 @ FUMC. Saturdays @ 11:15-12:45 (lunch) @ FUMC. "Free Market" food distribution Mondays and Thursdays @ 5:00pm @ 116 N Sherman Ave. Much more info available at www.foodatfirst.com

Grand Avenue Baptist Church: (515) 232-8803, 612 24th St. Call to schedule an appointment with the on call person.

Good Neighbor Emergency Assistance: (515) 296-1449, 3206 S Duff (Jewel & S Duff). Mon-Fri 9am-11:45am or call for appointment. Food vouchers available for eggs, milk, cheese, and fresh produce. Need photo ID- Story Co. residents.

Seventh Day Adventist Church: (515) 232-0472 Call to schedule an appointment and address will be provided.

The Serving Center: (515) 292-3004, Body of Christ Church 215 Stanton Suite 101. Friday 3:30pm – 5:30pm Saturday 10am - Noon. Provides food and clothing. More info at www.everyone1.org

Other Story County Pantries

Colo Community Food Pantry: (641) 377-2534, United Methodist Church, 602 4th St. Tue 5:30-7:00pm, Fri 9:30-11:00am or call for appointment. Can visit once a month. Only for Eastern Story County communities.

Nevada Community Cupboard: (515) 231-7175, St. Patrick's Church, 1110 11th St. Sat 10-11:30am. Can visit once a month, only for Eastern Story County communities. Call for appointment if an emergency.

Cambridge Food Pantry: (515) 383-4392, United Methodist Church, 215 2nd St. Tue 6-7pm. Can visit every 2 weeks. Must live in Cambridge. Enter through basement.

Huxley Food Pantry :(515) 597-2831, Fjeldberg Lutheran Church, 209 N. 2nd Ave. Wed 6-7pm. This food pantry can be visited once a month, and will deliver in emergency situations. Huxley and Kelley residents only.

Maxwell-Collins Food Pantry: (515) 387-8505, First Presbyterian Church, 221 Main St. 3rd Tue of each month 6-7pm. Maxwell and Collins only. Proof of residence required.

Slater and Sheldahl Food Pantry :(515) 685-2531, 105 Greene, Slater City Hall. Wed 7-8pm. This food pantry can be visited once a month.

Story City/Gilbert/Roland Loaves and Fishes Food Pantry (515) 733-4214, 510 Pennsylvania Ave Story City (Former Gookin Ford Bldg.). Sat 10am-12 noon. This food pantry can be visited ONCE a month. Available to Story City, Gilbert and Roland residents only.

Zearing and McCallsburg Food Bank: (641) 487-7271. Zearing City Hall, 105 W. Main St., Wed 5:30-7pm. Can be visited every 2 weeks. Zearing and McCallsburg residents only.

Other Food Related Sources

Meals on Wheels: (515) 239-6730 Prepares and delivers meals to the elderly and disabled.

Family Nutrition Program: Offering one-on-one food and nutrition education for families with children. There is a focus of providing healthy meals and snacks on a low budget. Sessions can be arranged to fit client's schedules. Contact Story County Extension for more information, 515-382-6551.

RENT & UTILITY ASSISTANCE

Mid-Iowa Community Action: (515) 956-3333 or 1-877-289-4668, 230 SE 16th Street Ames

LIHEAP/Emergency Funds: Eligible applicants may receive help with utilities in danger of disconnection, depending on funds.

Need Social Security card, copy of most recent utility and phone bills, and last 90 days of income. MICA may also be able to help with furnace repairs and replacements. Nov 1- Apr 15: Non Emergency Energy Assistance.

Homeless Prevention and Rapid Re-Housing Programs: Homeless or near homeless *eligible* applicants may receive assistance. Must have appointment and have used all other resources in the community for assistance.

Community Services: (515) 382-7290, 126 S. Kellogg Ave., Suite 201 (Human Services Building). Mon-Fri 8am-430pm. Helps with current rent or utility bills when funds are available. Community Services does **not** assist students.

Emergency Residence Project (ERP): (515) 232-8075, 225 S Kellogg. When funds are available.

Good Neighbor Emergency Assistance (515) 296-1449, 3206 S Duff. Mon-Fri 9am-12noon. Appointment **required**.

City of Ames: (515) 239-5400, 515 Clark Ave. Room 214. The City of Ames provides a qualified renter with funds to assist with one of the following: rental security deposit, first month's rent, and/or utility deposits. Also provides some assistance with transportation for Ames residents. Provides grants and/or loans for minor home repairs and assistance for first time homebuyers. Applications are available at City Hall or online at www.city.ames.ia.us/housingweb/Default.htm

Commission of Veteran's Affairs: (515) 382-7290, 126 S. Kellogg Ave. Suite 201, Provides assistance to eligible veterans and/or their family members who were discharged under honorable condition. www.iowava.org

Evangelical Free Church : (515) 232-2765, 2008 24th St. Assistance with Rent, Utilities, Deposits. Must be an Ames resident, and appointments on Wednesdays only from 1pm-3pm. Please call in advance to check if funding is available.

St. Patrick's Catholic Church: (Good Samaritan) (515) 382-2974, 1110 11th St. Nevada. No set hours, by appointment only. For residents of Eastern Story County Only (not available to the residents of Ames).

St. Thomas Aquinas Catholic Church: (515) 292-3810, 2210 Lincoln Way Ames. By appointment only. (Call at 8 am on Thursday to make appointment). Denial letter needed from MICA and Community Services for utility assistance and rental assistance

Telephone Assistance Program (Link-Up/Lifeline): Provides a credit on your phone bill each month or reduced connection fees for first-time hook ups. Applications: <http://www.iowa.gov/iub/forms/CustServ/LifelineLinkup.pdf>

USDA Rural Development: (515) 332-4411, 1301 6th Ave. North, Humboldt 8-4:30pm M-F. Provides homeownership opportunities and rental assistance to rural low-income families in Story County, as well as programs for renovation and repair. www.rurdev.usda.gov/ia

Housing Resources

Ames

City of Ames: Department of Planning and Housing (515) 239-5400, 515 Clark Ave. Mon-Fri 8am-5pm, Section 8

Eastwood Apartments (515) 232-2413, 420 E. 7th St., Contact Shelly Hayes, Subsidized Apartments

Huxley

Park Place Apartments (800) 394-1288 x 101 T&L Properties 1 and 2 bedroom apartments.

Nevada

Southcourt Townhomes (515) 382-5258, 710 S. 11th St., Nevada Properties. 2 and 3 bedroom apartments/townhomes.

Nevada Village Apartments (515) 999-9160 x 105, 725 S. 11th St., T&L Properties,

Story City

Viking Village Apartments (515) 733-5118, 910-920 Fairview, 1-2 bedrooms, Contact Trudy

Zearing

South Side Apartments 305 South Center St., 1-2 bedrooms

Boone or Story Counties (not Ames)

CIRHA (Central Iowa Regional Housing Authority) (515) 986-1882, Section 8 Rental Assistance for Boone and Story counties, except for Ames.

Subsidized Housing for Senior Citizens/Disabled

Ames

Eastwood & Regency (515) 233-4440, 3001 Regency Court (**1 Bedroom**) Elderly/Disabled

Keystone Apartments (515) 232-2865, 3115 Roy Key Avenue (**1 bedroom studio apartments**) Elderly/Disabled, Contact Brad

Sheldon Munn Apartments (515) 232-6161, 301 Main Suite 1 (**1 bedroom efficiency**) Elderly/Disabled, Contact Russell Mayfield

Stonehaven Apartments (515) 232-2021, 421 Stonehaven Drive (**1 Bedroom**) Elderly/Disabled, Contact Brad

The Rose Apartments (515) 268-8828, 1315 Coconino Rd (**1-2 Bedroom apartments**)

Cambridge: **West Side Acres Cambridge Senior Housing** 1-800-600-9946, 1-2 bedrooms, Elderly/Disabled

Huxley: **Walnut Grove Cottages** (515) 597-3212, 1-2 bedrooms, Newbury management, Contact Pam

McCallsburg: **McCallsburg Community Housing** (515) 295-2927, 1-2 bedrooms, Elderly/Disabled/Low-Income, Contact Bill Murphy

Maxwell: **Maxwell Senior Housing** (515) 295-2927, 1-2 bedrooms, Murphy Property Management

Nevada

Nevada Park Apartments (641) 791-1648, 833 South 13th St., 1 bedroom, Elderly, Contact Linda Lemke

East Park Village (515) 290-2613, 1216 S. G Ave., 1-2 bedrooms, Contact Ted Oswald

The Meadows Apartments (515) 233-4440, 402 5th St., 1 bedroom Hunziker Property Management, Contact Julie Lenz

Radcliffe: **Sunrise Apartments** 1-800-600-9946, 1-2 bedrooms, Contact Dave Thomas

Roland

Roland Senior Housing 1-800-600-9946, 1-2 bedrooms

Roland Woodstock Apartments 1-800-600-9946, 1 bedroom

Story City: **Cedar Place Apartments** (515) 733-2904, 812 Cedar

Slater: **Arbor Park Cottages** (515) 597-3212, Contact Pam

Clothing and Furniture

Ballard Community Clothes Pantry (515) 597-3553 or (515) 597-2971 x 207, Contact person: Jeri Ann. 908 North Hwy 69, Huxley. Wed 4-6pm, Sat 10am-12 noon, Sun 1-3pm or by appt. Enter through garage in the back of retirement home.

Bethesda Lutheran Church (515) 232-6256, 1517 Northwestern Ave. Mon 9:30-11am, Tue 6:30-8pm. Enter through west double doors and go to basement. Bring a photo ID. Only clothing provided.

Bethany Life Communities: (515) 733-5304, Low priced clothing available. Open Sat 9-3:00, Mon Noon-8:00pm, and Tues-Fri 9-5.

Birthright of Ames (515) 292 8414 or 1-800-848-5683, 108 Hayward Ave. Maternity and baby clothes.

Furniture bank (515) 382-7290, 126 S. Kellogg Ave. Suite 201. Open Monday-Friday. 8:30 am-12pm AND 1-4 PM. Must provide own transportation for furniture. No appliances. Income guidelines apply. Students are not eligible.

Goodwill : (515) 292-8454 3718 Lincoln Way. Clothing, furniture, household items, etc. Items are for purchase.

Harmony Clothing Closet : (515) 382-6509 1122 6th Street, Nevada IA 50201, Nevada. Open Monday 4:30-6:30pm and Saturday 8-11am or by appointment. Clothing and shoes are available. **Treasured Formalwear:** By appt- Borrow formal clothing for special events, dry clean, and return.

Maxwell United Methodist Church (515) 387-8594, 501 2nd St. Maxwell. Clothing, toys, household items are available. 3rd Tuesday of the month, 6-7pm.

Salvation Army :(515) 233-1047, 207 S Duff Ave. Clothing, furniture, household items, etc. Items are for purchase.

St. Mary's Catholic Church: (641) 377-2760, 422 4th St., Colo. Available 3 times per year (Mar, July, Oct) or by appt in cases of emergency. Clothes and household items are available.

Suited for Work Clothing Closet: (515)232-6064, 130 S Sheldon Ave Suite 305. Mon 11am-1pm, Thursday 5-7pm and 3rd Sat of the month 11am-1pm. Available to FIP recipients and low-income men and women who have found employment or are actively seeking employment. Need referral from ACCESS, Beyond Welfare, DHS, ERP, Workforce, MICA, YSS or WIC. www.suitedforwork@hotmail.com

The Serving Center: 215 Stanton Ave Suite 101 Ames. Clothing

Transportation

CyRide: (515) 292-1100 Provides Ames with transit services to the general public.

HIRTA Public Transit: (515) 233-2906 Provides transport to the general public through out Story County. Also available on Tuesdays and Thursdays: medical transportation to the University of Iowa's hospitals and clinics.

Beyond Welfare: 515-451-2686 Car donation program. www.beyondwelfare@gmail.com

Burlington Trailways: 319-753-2864 or 800-992-4618 906 Broadway, West Burlington, IA 52655. Inter-city carriers; providing transportation through out central Iowa and nationwide

DART: 288-RIDE (7433) Provides carpool/vanpool database matching for residents of Central Iowa.

Executive Express: (888) 522-9899 Provides transportation to the Des Moines airport from the Memorial Union (ISU campus)-with reservations.

Jefferson Lines: 1-800-451-5333 Inter-city carriers; providing transportation through out central Iowa and nationwide.

Counseling and Support Programs

Advanced Therapy Solutions: (515) 277-0134 Ext. 104 545 Main Street, Ames. Mental health and children's remedial services.

ACCESS (Assault Care Center Extending Shelter & Support): (515)292-0500, 24 hour Crisis Line: 292-5378 or 1-800-203-3488, Domestic violence shelter, Domestic violence and sexual assault counseling and support groups.

Beyond Welfare: (515) 451-2686,130 Sheldon Suite 302,Provides assistance in the areas of transportation, food and nutrition, housing, job development, child care, family partners and circles of support through participation in their Community Leadership Team www.beyondwelfare@gmail.com

Big Brothers, Big Sisters of Central Iowa: 515-233-2243. 116 Main Street, Ames. Open Monday-Friday, 9 am to 5 pm.

Birthright of Ames: (515) 292-8414 or 1-800-515-2683, 108 Hayward Ave. 24 hour Crisis Line 1-800-550-4900, 24 hour emergency pregnancy services for those who have decided to have children. Clothing and other items available here for infants.

Center for Creative Justice: (515) 292-3820, 210 Lynn Ave., www.amesccj.com adult probation and deferred prosecution supervision.

Community and Family Resources: (515) 232-3206 or 1-800-286-3205. 1619 S. High Ave. Substance abuse services, including evaluations/assessments, outpatient treatment, alcohol and drug education and continuing care. Sliding fee scale, Title 19 accepted or Insurance

FaDSS (Family Development and Self-Sufficiency Program): MICA (515) 956-3333 or 1-877-289-4668, 230 SE 16th Street (for head of household 26 years or older) YSS (515) 233-3141, 420 Kellogg Ave (head of household under 26.) Program to help families who are receiving public assistance leave welfare behind with the partnership of a Family Development Specialist.

Heartland Senior Services: (515)-233-2906, 205 South Walnut Avenue. Contact Carolyn Dixson. The "Bill Payer Representative Payee Program", is a free service designed by the AARP for those 60 and over, disabled, or having difficulty taking care of day-to-day business affairs, such as paying bills, balancing finances, and monthly budgeting. Qualifications: income must be less than \$19,000 a year, be a resident of Story County and lack the support of family and friends.

Iowa State University Financial Counseling Clinic: (515)-294-8644. Palmer HDFS Building. Open 8am- 5pm Monday – Friday and evenings by appointment. Free for ISU students; all others pay a fee on a sliding scale depending on income and family size. HUD-approved non-profit organization dedicated to improving the financial well-being of individual through education and counseling in the areas of homeownership, personal finance and credit.

Living with HIV Program: (515) 956-3312 or 1-800-890-8230, Serves Story, Marshall, Hardin, Hamilton, Greene, Franklin and Boone counties, HIV case management support including referrals to doctors, enrollment in prescription drug programs, information on testing sites, assistance with applying for Medicaid and Social Security, monthly support groups. Services are completely confidential. MICA Program.

Mainstream Living, Inc.: (515)-232-8405, 2012 East 13th Street. Provides meaningful opportunities for educational, social, and pre-vocational training for persons with disabilities; also offers supported community living and respite services.

Mid-Iowa Family Therapy: (515) 239-9974, 1531 Airport Road, Suite 104. Therapy is provided to children age 5-18 and adults. Also provides group therapy classes. Call for information on current programs.

National Alliance of Mental Illness: (515) 292-9400, 130 S Sheldon Ave #306, namiofci.org Education, support and advocacy on mental illness. Education programs, support groups in Ames. Call for information on current programs.

People Place :(515)-233-1677, 219 6th St. LIS family resource center that offers parenting groups, parent home visitation programs, classes and drop-in parent/child day. Monday-Friday 9am-3pm

Youth and Shelter Services Eastern Story County: (515)-382-6874 Crisis Line: 1-800-600-2330, 830-6th Street, Nevada. (Serving the communities of Collins, Colo, Maxwell, McCallsburg, Nevada, and Zearing).

Youth and Shelter Services, Family Life Center: (515)-233-2250, 125 S. Third Street Ames, IA. Therapy services for Individual, couple, family, group, and in-home counseling. Substance abuse assessment and counseling including aftercare and OWI evaluations. Psychiatric evaluation and medication management. Private insurance, Title 19 accepted (Also a sliding fee scale offered).

The Richmond Center: (515)-232-5811. 1619 South High Street Ames, IA. 24 hour crisis line: 1-800-830-7009. Has a sliding fee scale for those who qualify. High-quality community- based behavioral care services. Includes individual, couple, family, and group counseling.

Veteran's Affairs Medical Center: 1-800-294-8387, 3600 30th Street, Des Moines. Pharmacy: 1-800-661-0827

Teenline: 1-800-443-8336 For teens and those who care about teens, offering guidance and information on personal and health issues.

Medical Resources

DMACC: (515)-964-6280. Offers dental services at reduced prices. Patients are provided with cleanings, x-rays, and sealant services (no fillings). Reduced rates are available for Medicaid patients (\$3 each for cleanings and sealants). Call to make an appointment.

Free Medical Clinic: (515) 598-4341 First United Methodist Church, 516 Kellogg Avenue, enter through the 6th St. side. Doors open Thursdays at 4pm. **Please arrive by 5pm in order to put your name on the list.** This is a first come first serves clinic. No appointment needed. Basic health care provided to individuals who are uninsured, underinsured, and families regardless of ages, gender, race, religion, sexual orientation or ethnicity. They **do not** provide OBGYN care, immunizations, TB testing, surgery, or dental care needs.

Iowa Department of Human Services DHS: (515) 292-2035 or 1-800-232-7347, 126 South Kellogg, Suite 101. Low-income families can apply for health insurance.

Iowa Cares : 292-2035 126 S Kellogg Ave Suite 101. Provides individuals with hospital and physician services for people with limited income who are not eligible for Medicaid.

Hawk-I Healthy Kids in Iowa: 1-800-257-8563 (TDD 1-800-422-2319) No-cost health care coverage for children under 19 years of age. Application required. Children must be uninsured, ineligible for Medicaid, Iowa residents, and United States citizen or lawfully admitted resident aliens. Family must also meet income guidelines. Covers the following services: doctor visits, in-and out-patient hospital care, prescription drugs, speech therapy, hearing services, chiropractic care, well-child visits, vaccines/shots, emergencies, surgery, dental care, vision services, mental health and substance abuse care. www.hawk-i.org

Homeward: (515)-239-6730 or 1-800-529-4610, 1114 Duff Avenue. Homeward provides a sliding fee scale for many programs. Homeward accepts Medicare, Medicaid and Veterans insurance.

Planned Parenthood: (515) 292-1000 or 1-877-811-7526, 2530 Chamberlain St. Planned Parenthood provides confidential reproductive health care services on a sliding fee scale.

Primary Health Care: (641) 753-4021, 412 East Church Street, Marshalltown or (515) 248-1400, 2353 SE 14th Street Des Moines. For individuals who currently have no insurance or are underinsured. Will cover most medical procedures.

Story County Medical Center: (515) 382-2111, 640 S 19th St Street, Nevada. Free Care Programs provides necessary medical care to Story County residents who meet income eligibility guidelines and do not have adequate insurance coverage available to them or who are Medicare insured, but are unable to pay deductibles and co-payments. Covers services at the Medical Center and its clinics located in Maxwell, Nevada, and Zearing. Program does not cover out-patient prescription medications, or any of the physician specialty services provided within the medical center or at other locations. \$29 co-pay is charged for those with Medicare.

Story County Community Dental Clinic: (515) 598-5298, 226 SE 16th St., Ames. Office hours: Monday through Thursday, 8 am to 6 pm. Services provided to all ages. Services are available to those with Medicaid and low-income uninsured families. **This is not a free clinic.** Uninsured families will pay discounted dental rates and those with Medicaid will pay a \$3 co-payment.

Veterans Affairs Medical Center: 1-800-294-8387, 3600 30th Street, Des Moines. Free medical services for eligible military veterans.

WIC (Women, Infants and Children): (515) 232-9020 or 1-800-890-8230, 226 SE 16th St., Ames. Nutrition and food supplement program for expecting and/or nursing mothers. Program is also available for children under the age of 5, with qualifying parents. WIC dietitians provide parents with general health services and families can receive assistance in purchasing foods high in nutrition. Nutrition classes held monthly

Preschools and Head Start Centers

Northwood Preschool (515) 268-2470, 3012 Duff Ave Ames, IA.

Preschool programs for children living in the Ames School District. Fully completed applications must have immunization records attached on an "immunization card". After being accepted, proof of birth (original birth certificate) must be provided.

Half-Day Programs

Preschool: 8:35-11:30am or 12:25-3:20 pm Monday, Tuesday, Thursday and Friday for 4 yr-old with limited space available for at-risk 3 yr-olds.
Pre-Kindergarten: for 5 year olds, Morning 8:35-11:30am or Afternoon 12:25-3:20pm; Wednesday dismissed at 2:05 pm.

Ames Community Preschool Center (515) 233-2901, 611 Clark Avenue.

Children 19 months to 12 years, 7 locations, full/part-time, sliding fee scale, offers full day care and before and after school care.

Head Start

Ames residents: Contact Drake University office at 233-4606 or 1-800-443-7253 x1854. Located in Crawford School.

Other Story County residents: Contact MICA at (515) 956-3333 or 1-877-289-4668. Families must meet income guidelines and children must be current on immunizations. Proof of age is required (birth certificate or Title 19 card).

For Head Start children, **must be 3 or 4 by September 15th** (at the time class starts). Contact 956-3333 with questions or to schedule an appointment. For Early Head Start, children must be under age 3 by September 15th (at the time class starts). Contact 956-3333 with questions or to schedule an appointment.

Adult Education

Des Moines Area Community College (DMACC) 1-800-362-2127

High School Completion Program, Ext 6255

GED and ESL Class Information, Ext 8700. Ames DMACC GED class is now at Northminister Presbyterian Church, 1416 20th st., Tuesdays and Thursdays

6:30pm - 8:30pm. Contact: Anneke at amundel@dmacc.edu

Other Class Information, Ext 6255

ESL (English as a Second Language) Classes:

St. Cecilia's Church (515) 233-3092, 2900 Hoover Avenue

Evangelical Free Church (515) 232-2765, 2008 24th Street

Memorial Lutheran Church (515) 292-5005, 2228 Lincoln Way

Story County ISU Extension

515-382-6551 (1-800-262-3804) [or www.extension.iastate.edu/answerline](http://www.extension.iastate.edu/answerline)

Information and workshops on practical topics of importance to families like parenting, health and nutrition, stress, aging, and finances. Youth activities like 4-H, agriculture, communities, and industry.

Answerline

1-800-262-3804 Hours: Mon-Fri 9 AM-Noon and 1 PM-4 PM.

Answers provided to a wide range of home and family questions, from stain removal to recipe substitutions. They also provide information on child development and discipline.

Child Care Services

Center for Childcare Resources: (515) 294-8833 or 1-800-437-8599, 100 University Village. Assists in locating child care and child care assistance in Ames free of charge. They DO NOT make referrals. Provides services and training for child care providers, and helps to start up child care services.

Childserve Community Options: (515) 232-7220, 1915 Philadelphia Street. Provides home care, therapy, adaptive equipment, respite, supported community living, case management, and childcare in an inclusive setting for Ames area children. www.childserve.org

City of Ames: (515) 239-5400, 515 Clark Avenue, Room 214. Qualified families are provided with a one time assistance payment for childcare.

Comfort Zone: (515) 294-3333, 100 University Village. Care for mildly ill kids. Must pre-register. Open 8:45 am-3:45 pm Monday-Friday. Ask about sliding fee scale for Story County residents.

University Community Childcare: (515) 294-9838, located on the northwest side of the Iowa State campus near the intersection of Stange Road and 13th street. Non-profit childcare center whose purpose is to provide a well-balanced childcare program, particularly for those families with student and/or working parents. UCC provides childcare to the ISU community (students, staff and faculty), and to members of the Ames community as space is available, sliding fee available.

Employment Assistance

Jacobson Staffing (515) 233-1045, 511 Duff Ave

ManPower Temporary Service (515) 232-2340, 1103 Buckeye, Suite 101

USA Staffing, Inc. (515) 663-0500, 516 Lincoln Way Suite 2

Iowa Workforce Development Center (515) 232-6572, 122 Kellogg Avenue

DES Staffing Services (515) 233-8400, 120 Kellogg Avenue, Suite 2

Proteus 1-800-372-6031; It is a requirement that you have worked for a farmer in the past 2 years; also provides free job training if qualified.

Experience Works 641-377-2845. 25808 680th Ave Colo; Paid training and employment assistance for people 55 years and older.

Additional Resources

211: Dial 211 or go to <http://www3.irissoft.com/iowa> Helps people connect with community agencies by name or category.

Iowa Concern Hotline—1-800-447-1985, A 24/7 hotline for anyone dealing with stressful situations, offering someone to talk to. Also including information on where to turn to for help for legal information (your rights, responsibilities, and options available to you). www.extension.iaate.edu/iowaconcern/

Iowa Legal Aid: Information about your legal rights and obligations in situations.

Useful Phone Numbers

AEA Heartland	515-232-7583
ACCESS (Domestic Violence Shelter & Sexual Assault Counseling)	1-800-203-3488 or 515-292-0500
American Red Cross - Lincoln Way Chapter	1-877-316-5221 or 515-232-5104
Beyond Welfare	515-292-5992
Birthright	1-800-848-5683 or 515-292-8414
Center for Childcare Resources	1-800-437-8599 or 515-294-8833
Center of Creative Justice	515-292-3820
Child Abuse Reporting	1-866-474-5366 or 515-268-7000
Child Support Recovery	1-888-229-9223
City of Ames Department of Planning and Housing (Section 8)	515-239-5400
Comfort Zone (Care for sick kids)	515-294-3333
Community Services (furniture bank, veterans affairs, etc.)	515-382-7290
Consumer Credit Counseling Service	1-866-723-7468 or 515-296-1968
Crisis Child Care	515-460-2423
Cy-Ride	515-292-1100
Department of Human Services (DHS)	1-800-232-7347 or 515-292-2035
Des Moines Area Community College (DMACC)	1-800-362-2127
Emergency Residence Project (ERP)	515-232-8075
First Nurse	1-800-524-6877 or 515-239-6877
Good Neighbor Emergency Assistance	515-296-1449
Goodwill	515-292-8454
Habitat for Humanity	515-232-8815
Head Start (Drake University)	1-800-443-7253 x1854 or 515-233-4606
Head Start (MICA)	1-877-289-4668 or 515-956-3333
Heartland Senior Services	515-233-2906
Homeward (Public Health)	1-800-529-4610 or 515-239-6730
Iowa Compass (Disability Information and Services)	1-800-779-2001 or TTY 1-877-686-0032
Iowa Concern Hotline	1-800-447-1958
Iowa Workforce Development Center (Unemployment)	515-232-6572
Legal Aid of Story County	515-382-2471
Living with HIV Program (MICA)	1-800-890-8230 or 515-956-3312
Lutheran Services in Iowa	515-232-7262
Mary Greeley Medical Center	515-239-2011
Mid-Iowa Community Action	1-877-289-4668 or 515-956-3333
Mid-Iowa Family Therapy	515-239-9974
National Alliance on Mental Illness (NAMI)	515-292-9400
Nevada Community Resource Center	515-382-1600
Non-Emergency Police	515-239-5133
Partnership for Prescription	1-888-477-2669
People Place	515-233-1677
Planned Parenthood	1-800-230-7526 or 515-292-1000
Poison Control	1-800-222-1222
Richmond Center (Mental Health)	515-232-5811 or Crisis 1-800-830-7009
Social Security Administration	1-800-772-1213 or 515-292-3075
Stork's Nest	515-233-3141
Story County Community Dental Clinic	515-956-4595
Story County Medical Center	515-382-2111
Suited for Work Clothing Closet	515-232-6064
United States Citizenship and Immigration	1-800-375-5283
Veteran's Affairs Medical Center	1-800-294-8387 or 515-699-5999
Veteran's Emotional Crisis Hotline	1-800-273-8255
Volunteer Center of Story County	515-268-5323
Vocation Rehabilitation	515-233-5753
WIC/Maternal and Child Health	1-800-890-8230 or 515-956-3312
Youth and Shelter Services	515-233-3141

