



7 Mindsets You Need To Adopt to Attract Your Success

by Alicia Isaacs

It doesn't matter what your situation may look like right now. As long as your thoughts are in alignment with your desire you can attract the success you want to have by adopting the right mindset.

Mindset #1 - Clarity of Mind

You must know specifically what it is you want in order to achieve it. Vague desires bring vague desires. Taking the time to become totally clear on your desires sends a definite message with clarity into the universe which will return to you the mirrored image of your inner request.

Mindset #2 - Use Visualization

Your imagination is the mental workshop of the mind and the tools it works with are mental images you imprint on your mind. By becoming clear on what you want, you can easily create this image and improve on your picture until you are satisfied, in your mind, with what your desire would manifest.

Mindset #3 - Use Vivid Imagery

As you visualize the outcome of your desire use vivid imagery as much as possible. See yourself doing the thing or living the life of your dreams in vivid colours and animation. What are you doing on your dream vacation? Are you lying on the beach covered with sand? What does the sand feel like beneath your feet? What about that beautiful ocean breeze, how does it feel as the warm gentle brushes across your face? How blue is the sky? What sounds do you hear? Are the waves gently washing up on the shore or crashing into the rocks? Get the picture?

#4 - Get Emotionally Involved

Don't let this be a lifeless routine. Get emotionally involved in your dream. How does it feel to be you enjoying that dream vacation, having that ideal relationship, moving into that new home? Are you excited? Do you feel like a kid all over again? Get in touch with those emotions and feel the feelings of having your desire. This powerful exercise connects you to your desire and is energized with the energy needed to attract to you the situations, people and events that will cause your desire to manifest.

Mindset #5 - Focus on your Desire

A diligent gardener never abandons his garden once he's started the process. He tends his garden daily; nurturing it and ensuring that no weeds are overtaking his crop. He wants to ensure a good harvest. He's always looking for ways to best improve the productivity of his crop. Similarly, you must keep the fire of your desire burning. Nurturing your desire each day will cause it to come closer to you and you closer to it.

Mindset #6 - Identify your 'Why'

What's the starting point of your desire? Why do you want what you want? Is the desire for a better lifestyle? Is it for a more harmonious relationship? Is your health affected and you desire to improve your well-being? Your strong deep why will push you forward and keep your moving when the going gets tough. No matter what obstacles come your way, even when you feel at times like throwing in the towel, the reason for your desire will give you that extra energy to try one more time and go a little further and a little further until you reach the finish line. Your why causes you to stay on course until your desire is manifested.

Mindset #7 - Take Action

Thoughts of your desire move you into action. As each idea presents itself to you put them into operation. Each step will bring you closer and closer to the manifestation of your goal and continue to energize you as you begin to see the unfolding of your expectation.

Getting involved with like-minded individuals can help you nurture and develop this mindset even more, help you to keep on track and encourage you if the road to your success becomes tough.

With that said, you're invited to join the free Think and Grow Rich Mastermind Group - building minds, changing lives - if you're serious about achieving your goals and want to be held accountable as you move forward toward your success at

<http://www.changinginsideoutnow.ning.com>.

Enlightened in Love,



Alicia Isaacs

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