



Discover Your True Nature to Overcome Limitations - Part 2

By Alicia Isaacs

The majority of humanity on a daily basis experience cloudy/overcast days, with maybe glimpses of sun trying to penetrate and brighten up our lives. But even on those days, the storms created by the mind because of wrong thinking block out the sun and leave a life in darkness - fear and despair. This fear expresses itself in many forms - insecurity, inferiority complex, limited self-belief etc.

Because of these overcast days you may not be able to identify with your true nature, the sun, because your perspective has become disillusioned by your physical vision. You begin to identify with your body, then you look in the mirror and don't like what you see. You keep thinking about how bad you look, how uneducated you are, how unloved you are. And the more you focus on the negative, the more the Law of Thinking is activated and you experience the opposite of what you truly desired and here begins the vicious cycle.

The solution

Reverse the order of your perception.

Don't Do: Don't look at your outer results - your body, your relationship, your life - and despise who you are. If the drill you're using to put screws in the wall does not work right, does that define who you are? No, it just means that you may not be using the drill correctly in the first place and therefore you're not getting the results you want. By becoming angry and banging the drill on the floor or cursing the drill will not get it working.

Do Instead: But if you stopped and got some wisdom, perhaps by reading the manual or ask someone who knows, then you can educate yourself and apply this knowledge to the proper usage of the tool in order for it to carry out your intended purpose.

Get back to the original instructions, the Source, educate yourself by becoming acquainted with the sun of your inner being and draw from the Wisdom of Infinite Knowledge, experience it. Then you can fully develop, using your mind, your true intended purpose through the Law of Thinking and express and experience an abundantly enriched life in your physical body.

As you do this, you would have removed the blockages standing in your way. And by seeing your true nature you can now release your fears and be confident and bold in who you are. You can accept yourself knowing that your body is an instrument of your soul and now you can begin to give your body as well as your mind the love and nurturing it needs to serve you. Just as you'd do regular tune ups and maintenance for optimum usage of your car, how much more would you do for your mind and body?

Changing your life may seem like an overwhelming frustrating process. But it doesn't have to be if you're given simple doable step-by-step strategies that will get you from where you are to where you want to be and experience a transformed life. Sign up right now for Alicia Isaacs' FREE online newsletter to find out how to do exactly that - Go here: <http://www.changinginsideoutnow.com> now to get access to more life-changing tips and steps.

Enlightened in Love,



Alicia Isaacs

Changing Inside Out Now!

Website: <http://www.changinginsideoutnow.com>

Blog: <http://www.doingthisnow.blogspot.com>

Practical life-changing inspirational thoughts, insights, steps and tips to transform your life!

Miracles occur everyday, if you're looking for and expecting them. Did you know that you can create your own miracles, turn your situation around and create the life you always dreamed of but never thought possible? Until now. Get ready to change your life and create unconditional miracles!

This article is brought to you by:

