



Leanne Perucci
Read Leanne's story
inside



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bellissimo Brides



Collateral Captivation



Hair design by Bellissimo Brides
www.moorephotography.com.au

Once in a while, right in the
middle of an ordinary life,
Love gives us a fairytale.



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bellissimo Brides

Bellissimo Brides specialises in all forms of hair design/styling for weddings, magazines, model portfolios and special events.

Bellissimo Brides are based in Coffs Harbour and is totally mobile, which means we come to you!

We love what we do and have a passion for stunning hair creations, so you can relax knowing when you book with us you will receive the highest quality service. We take the time to listen to your vision and will have you looking how you dreamed!

Services include:

- Meeting to discuss ideas and details
- Hair consultation with bridal party via email
- Hair trial
- Guarantee you receive the highest quality standard of hair design
- Latest equipment using the highest quality products such as ghd, Wella & Loreal



Captivating Packages

'Fairytales Ending'

- One hour one-on-one personal training session per week for the bride-to-be
- Participation in two group sessions per week or one x one-on-one 30 minute session
- Nutritional plan to increase your energy, reduce your stress and improve the appearance of your skin
- Trial hair appointment with Bellissimo Brides and hair design on your special day

Collateral Couples

- A one hour couples personal training session per week and participation in one group personal training session
- Hair trial for the bride-to-be and then styled on the day by Bellissimo Brides. For the groom, shampoo and hair cut is included.
- Nutritional plan for both of you to easily follow to increase your energy, reduce your stress and get you ready for the wedding night!

Collateral Party: Bridal Party Pack for the girls!

- A one hour private group personal training session for the bride-to-be and her bridesmaids per week
- A 30 minute private group personal training session per week
- Participation in one of our other group personal training sessions per week
- Trial hair appointment prior to your big day and on your wedding day by Bellissimo Brides

We can design a package to suit you!



COLLATERAL CONSULTANCY

Every bride wants to captivate their guests and their husband-to-be on their wedding day. It's all about you after all!

With over 20 years experience in the fitness industry, the team at Collateral Consultancy will help you get ready for your special day physically, emotionally and mentally!

Even if you're not in Coffs Harbour, we can coach you via the internet, phone and even your ipod to ensure you have the support, training and nutritional advice you need to have you looking and feeling amazing!

There are many packages available or we can tailor one to suit you and your budget, these are just our most popular!



Leanne Perucci's story

I first started training with Coll about 8 months prior to my wedding. She taught me the correct way of exercising for maximum benefit and as a result, I was amazed how my fitness increased, I became more toned and started to loose weight at quite a quick pace!

Besides the obvious benefits, Coll made my training sessions fun and ensured that I was reaching my goals. I am now completely addicted, still training and can't go without it! I feel completely energized and at 42 years of age, am the fittest I have ever been.

So, the result for my final dress fitting.....3 inches of dress to be taken in!!!