



# MAKING WAVES

Issue 2 - December 2012



## Making a splash

### Chairman's Intro

Welcome to the second edition of Making Waves the IOMSA Newsletter. Firstly, may I take the opportunity of offering seasonal greetings to everyone.

In this edition we have a mixture of contributions to update you with what is happening in Isle of Man Swimming.

Contributions will be sought in 2012 as we hope to make this a regular and informative contribution to communication and transparency.

An update on the current situation in respect of the National Coach is included in this edition

HAVE A HAPPY NEW YEAR  
Clive Parrish

### Manx Masters - still Swimming!

Manx Masters Swimming Club has been in existence since 1996, and currently has two training sessions per week - Tuesdays from 8pm to 9.30pm at the NSC, and Saturdays at Ramsey from 1pm to 2pm.

Membership numbers approximately 50, and is made up of people from a variety of sporting backgrounds and ages. We have former age group swimmers, triathletes, and those who just want to follow a set programme along with like-minded people, rather than struggle through public lane swimming. The minimum age for joining is eighteen,

### National Coach

It is with mixed emotions that I have to say a farewell to our National Coach Sacha Djerfi who will be leaving us in January 2012 to pursue the next stage of his career closer to his home.

Sacha has been with us for 3 years during which time he has built on the success of previous Coaches and he leaves us in a stronger position from which to go forward.

He brought some new ideas and our swimmers have benefitted from the work he has done - we have had some great success in off-island competitions including the Island Games, the Commonwealth Youth Games, UK National and NW Regional events.

Good luck Sacha

### UPDATE

We are advertising for a new Coach and advertisements will appear in the Swimming Times, on the British Swimming and British Coaches Association websites as well as our own website.

The closing date for applications is 31 January 2012.

We hope to draw up a shortlist in February and commence the selection process with the aim of making an appointment by 1 April 2012 at the latest (it will be dependent on availability of the successful candidate)

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and current membership spans five decades.

On Tuesday's there is coaching available from Jack Coop, with each lane being given a session that suits their needs. On Saturdays there is no poolside coaching, but swimmers will still work together as a group.

Occasionally some of our members compete in Masters competitions both in the UK and abroad, but the time and money required to do this on a regular basis is prohibitive. Our last 'BIG' trip was to the World Masters Championships at Stanford University in California in 2006. With over 7,000 competitors from all parts of the globe this was one of the biggest aquatic events in the world, and an amazing experience. Between them our six swimmers flew the Manx flag in two relays, over twenty individual events in the pool, the open water event, and the 'Escape from Alcatraz swim', where swimmers jumped off a boat near the infamous prison island in San Francisco Bay and had to swim back to the mainland.

In addition to pool swimming several of our club members also swim in the sea each week - if you see a skutch of fluorescent swim hats bobbing around in Port Erin Bay on a Sunday morning that will be us.

Masters swimming is renowned for being very sociable, and since our inception we have welcomed swimmers from as far away as Australia and America to our training sessions. In addition we have several former Island swimmers joining us when they return home to

visit family, including Sian Brice (nee Pilling), who started her sporting career with Douglas Swimming Club (there was no Island Squad in those days) and went on to compete for Great Britain in the first Olympic triathlon in Sydney 2000.

Manx Masters is affiliated to the Isle of Man Swimming Association and over recent years several of our members have played key roles in the running of the sport.

## RAMSEIAN

Ramseian Swimming Club held their annual Senior Gala on Thursday Evening 8.12.12 with a great turnout of swimmers (despite the gales outside) across age groups from 10 and under in single year age groups up to 15, plus the Open Age Group. The evening's events got underway with a warm up with the racing starting at 6.40pm. Right from the start spectators and parents were treated to lots of excellent races overseen by guest senior official Jack Coop assisted by a hard working team of officials and backroom staff who ensured the event ran smoothly and without any delays.

The races covered 50m of each stroke plus the 100m IM. One of the closest races of the night was a stroke for stroke battle between seniors Connor Christian and Phil Harrison (on the eve of his 18<sup>th</sup> Birthday) in the 50m fly with Connor just piping Phil to the wall by .07 of a second.

Whilst there were many multi event winners in their age groups only five

### Sacha with the Commonwealth Youth Games Team which competed in the highly successful Games on the Island



Left to right: Laura Kinley, Charlotte Atkinson, Tom Bielich, Sacha, Leonie Coolil, Team Manager and Grant Halsall.

### Isle of Man Swimming Club

In November the Chairman of the IOMSC Bob Trimble stepped down and the Secretary Paul Hansford also resigned as he and his family are emigrating to Australia.

We would like to thank Bob and Paul for the work they have done for the Club.

Basil Bielich has been appointed as Chairman until the AGM in June with Angela Katz appointed a Vice-Chairman. Mark Guthrie is the new Secretary and Andy Isaac is the new Club Treasurer.

The Club's primary objective is to run the IOM Swim Squad and they will be overseeing the coaching arrangements during the period when we will be without a full-time Coach.

The Committee is confident that a full programme will be maintained thanks to the commitment of our volunteer Coaching workforce.

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swimmers made it a clean sweep of all 5 events in their age group, they were 11 year olds Josh Corteen and Jessica Hill, 12 year old Jamie Corlett, 13 year olds Connall Jaques and Amy Stoutt and 10 year old Victoria Kinnin. Victoria went on to take one of the three major club trophies the Kennish Cup for the best newcomer with Steph Brew taking the Ernie Evans Shield for best off Island swim for her performances at the 2011 Island Games and Eve Craik winning the Roberts Cup for Endeavour and Perseverance which capped a very successful night for her. Ramseian's new Head Coach Max Stewart and Chairperson Glynis Vickery presented the medals and trophies with Max congratulating all the swimmers and officials for an enjoyable and excellent night of competition.

## Duel in the Pool October 2012

The Island's top swimmers were back in the pool after their summer break competing in the annual Duel in the Pool. Swimmers raced over 50m sprints and relays in four age groups, from nine to eleven up to sixteen and over, with the senior swimmers also competing over 100m individual medley.

Douglas Club retained the trophy from last year, helped along by Sports Aid recipient Charlotte Atkinson, as she continued her record breaking form from the Commonwealth Youth Games, setting new Manx Records on no fewer than four occasions.

She got off to a winning start in the first event, the 100m individual

medley, with a time of one min 06.44. This took one second off the previous Senior figure and nearly two off the Junior.

Shortly afterwards she led off her team mates, swimming backstroke, in the 4 x 50m medley relay. The lead off leg in any relay is the only one that can be counted for individual record purposes as all the other swimmers have the benefit of a rolling start. Her time of 30.21 not only gave her team an unassailable lead, but took nearly a second off her own Manx Records.

Next off was the 50m butterfly where she became the first Manx woman to break the 30 seconds barrier with a time of 29.56. Then it was a return to backstroke, with the individual 50m, and she edged closer to the magic 30 seconds, with 30.18, to shave three hundredths off her time from earlier in the evening.

Final scores at the end of the evening were Douglas 326 points, Ramseian 267 and Southern just pipped for second place with 265.

### The Winning Captains!



The trophy is presented to Laura Kinley and Alex Price by Ian Harrop, Coach and Chairman of Southern SC.

### Club Contacts

If you have any questions about the Isle of Man Swimming Association or the Isle of Man Swimming Club you should contact your own Club initially.

Your Club representatives should be able to answer most of your questions but if they don't know the answers they will bring them to the Association or the Club.

In the Association we are committed to following the standards expected by British Swimming and the welfare of our swimmers is paramount.

Swimming is a sport you can enjoy for a lifetime and our aim is maximise opportunities for swimmers of all abilities.

To help us do this we need volunteers whatever your skills and interests you will be able to help!

IT skills – why not volunteer to look after our Website which needs updating and maintaining.

Admins Skills – help us keep our records and procedures up to date.

Coaching aspirations – we are always on the look out for new Coaches – training and development is available.

There's lots more you can do – volunteer to help out at our Galas – train to be part of our team of Officials.

**DON'T BE SHY JUST ASK!!!**

Contact us

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