

Robin Hood Open 2011 – Ponds Forge Sheffield 1st/2nd October. Minimum Qualifying Standards (50m Pool).

Level 1 Licensed Meet - Minimum Permitted Qualifying Times - Long Course (50m) Pool									
BOYS									
EVENT		10	11	12	13	14	15	16/over	
50m Freestyle		39.0	37.0	34.9	33.0	31.3	29.7	28.7	
100m Freestyle		**	1:18.8	1:13.7	1:09.8	1:06.9	1:04.4	1:02.6	
200m Freestyle		3:03.6	2:51.3	2:40.8	2:32.6	2:25.6	2:20.7	2:16.3	
400m Freestyle		6:26.4	5:56.0	5:38.1	5:21.8	5:07.0	4:57.6	4:49.1	
50m Breaststroke		51.6	48.2	44.6	41.8	39.7	37.8	36.8	
100m Breaststroke		**	1:41.5	1:34.7	1:28.8	1:24.6	1:21.4	1:18.9	
200m Breaststroke		3:57.2	3:39.1	3:25.2	3:12.5	3:02.5	2:55.4	2:51.6	
50m Butterfly		43.5	40.8	38.1	35.9	34.0	32.2	31.4	
100m Butterfly		**	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	1:07.8	
50m Backstroke		46.0	43.2	40.5	38.2	36.1	34.5	33.5	
100m Backstroke		**	1:29.8	1:24.1	1:19.2	1:15.0	1:12.2	1:10.3	
200m Backstroke		3:25.8	3:12.0	3:00.7	2:50.3	2:42.3	2:36.0	2:31.4	
200m Individual Medley		3:29.6	3:14.3	3:02.8	2:52.7	2:44.8	2:38.4	2:33.9	
GIRLS									
EVENT		10	11	12	13	14	15	16/over	
50m Freestyle		39.8	37.3	35.4	34.0	32.9	32.2	31.9	
100m Freestyle		1:26.2	1:19.3	1:15.2	1:12.7	1:10.7	1:09.6	1:08.8	
200m Freestyle		3:04.4	2:51.3	2:42.5	2:36.2	2:32.1	2:29.1	2:27.5	
400m Freestyle		6:27.4	5:56.4	5:38.8	5:26.3	5:18.0	5:12.8	5:09.2	
50m Breaststroke		51.2	47.8	45.0	43.1	41.5	40.6	40.1	
100m Breaststroke		1:50.3	1:41.6	1:35.2	1:30.8	1:28.5	1:27.5	1:26.1	
200m Breaststroke		3:55.5	3:36.6	3:24.9	3:15.5	3:09.5	3:06.7	3:05.8	
50m Butterfly		44.0	40.7	38.6	36.7	35.7	34.8	34.2	
100m Butterfly		1:37.1	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5	1:14.8	
50m Backstroke		46.0	43.1	40.9	39.4	38.0	37.0	36.6	
100m Backstroke		1:37.5	1:29.9	1:24.5	1:21.7	1:19.6	1:17.9	1:17.1	
200m Backstroke		3:26.3	3:11.0	3:00.6	2:54.3	2:49.8	2:45.8	2:43.9	
200m Individual Medley		3:29.6	3:14.3	3:03.3	2:56.8	2:52.3	2:48.9	2:46.9	

** As there are no qualifying standards for 10yr boys entry is only open to swimmers who can meet the corresponding 200m time

Please submit entry times based on a 50m pool, these may be converted from 25m using the Sportsystems equivalent times program. Go to www.sportsys.co.uk and select 'British Swimming Downloads'