

# Island Games Consideration Times for Aland 2009

## Male

## Female

Consideration Time 2003	Consideration Time 2005	Consideration Time 2007	Consideration Time 2009	Event	Consideration Time 2009	Consideration Time 2007	Consideration Time 2005	Consideration Time 2003
25.71	25.16	25.10	24.90	50 free	28.50	28.60	28.60	28.77
55.20	54.86	54.56	54.50	100 free	1.01.70	1.01.73	1.02.52	1.03.41
2.02.01	1.59.31	1.59.31	1.59.31	200 free	2.12.90	2.13.39	2.14.10	2.15.42
4.35.71	4.18.49	4.15.33	4.15.10	400 free	4.38.50	4.40.50	4.44.67	4.46.15
20.11.97	17.16.04	17.12.50	17.08.00	1500/800 free	9.35.00	9.40.00	9.50.10	9.54.34
29.38	28.81	28.81	28.61	50 back	32.66	32.73	32.73	33.19
1.04.47	1.02.02	1.01.63	1.01.23	100 back	1.10.10	1.10.10	1.10.82	1.10.82
2.20.31	2.10.75	2.12.50	2.12.50	200 back	2.29.77	2.29.77	2.33.77	2.33.77
31.92	31.92	31.92	31.72	50 brt	36.49	36.69	36.84	36.91
1.09.73	1.09.73	1.09.52	1.09.40	100 brt	1.19.40	1.20.00	1.20.00	1.21.10
2.35.55	2.33.31	2.32.41	2.32.21	200 brt	2.52.10	2.53.23	2.54.50	3.00.09
27.74	27.24	27.24	27.10	50 fly	30.80	30.85	30.85	31.76
1.01.17	59.76	59.76	59.76	100 fly	1.08.50	1.08.50	1.09.09	1.09.96
2.19.86	2.18.39	2.18.39	2.18.39	200 fly	2.33.00	2.33.00	2.35.87	2.40.50
	1.02.88	1.02.88	1.02.68	100 IM	1.10.90	1.11.00	1.12.30	
2.20.27	2.16.02	2.16.02	2.15.80	200 IM	2.32.50	2.33.00	2.35.75	2.35.75
5.07.00	4.49.88	4.48.00	4.47.50	400 IM	5.25.00	5.25.00	5.30.50	5.53.98
	1.44.19	1.44.19	1.43.80	200 f tm	1.56.90	1.57.34	2.10.49	
	1.58.19	1.56.39	1.55.39	200 m tm	2.11.20	2.11.52	2.17.40	
	3.50.51	3.50.50	3.49.00	400 f tm	4.12.00	4.12.00	4.25.27	
	4.23.89	4.17.70	4.12.50	400 m tm	4.47.20	4.48.32	5.19.78	

Notes related to consideration times.

- The consideration times for 2009 have been adjusted to create a balanced set of times based on 2007 results and the 2007 consideration times.
- These times are the standards required for success at the Island Games.
- The standards set a real challenge for Isle of Man swimmers, you have till next Champs 2009 to commit to attaining them, set yourself stepping stone goals, do not leave to last minute and hope to make on big step.

Swimmers should be aware of the need to show evidence of the following

- Achievement of consideration time in the 12 months prior to July 2009. Last qualifying meets will be IOM Champs and possibly Radford Open Meet 2009
- Swimmers need demonstrate current form during 2009.
- **Swimmers must demonstrate commitment to training and competition displaying the correct attitude.**

The National Coach, numbers allowing to have the option of considering potential young talented swimmers for 2009

Team swims to be selected if the swimmers cumulative times are inside the consideration times for the event. This may include swimmers who do not have individual event consideration times.

Swimmers will be expected to convince selectors of their ability to produce a time that is **BETTER** than the published consideration times.

1. To represent the Isle of Man a competitor may qualify either by
  - Having been born on the Isle of Man
  - Having been permanently resident on the Isle of Man for the last twelve months during the period from the last Games until one month prior to the closing date for individual entries.
2. Any person in gaining qualification as above and following a programme of study or involved in military out of the Island shall be deemed to be a permanent resident for the purpose of qualification.