



**Dr. Julie Durnan and Dr. Nina Lange, Naturopathic Physicians**  
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**Confidential Pediatric/Adolescent Case History**

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 Postal Code: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Sex: M / F  
 (m) (d) (yr)  
 PHN: (Care Card Number) \_\_\_\_\_  
 Parent(s) Contact:  
 Name: \_\_\_\_\_  
 Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_  
 How did you hear about us? \_\_\_\_\_  
 Email Address: \_\_\_\_\_

**In your opinion, what are you child's main health concerns, in order of importance:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**Please list your child's medications:**

	NOW	PAST
Aspirin	_____	_____
Tylenol	_____	_____
Antibiotics	_____	_____
Other _____	_____	_____

**Supplements:**

	NOW	PAST
Vitamins	_____	_____
Minerals	_____	_____
Fluoride	_____	_____
Other	_____	_____

**Childhood illnesses:**

- |                                      |  |   |
|--------------------------------------|--|---|
| <input type="checkbox"/> chicken pox | <input type="checkbox"/> scarlet fever   | <input type="checkbox"/> mononucleosis    |
| <input type="checkbox"/> red measles | <input type="checkbox"/> rheumatic fever | <input type="checkbox"/> ear infection(s) |
| <input type="checkbox"/> mumps       | <input type="checkbox"/> strep throat    | <input type="checkbox"/> tonsillitis      |
| <input type="checkbox"/> rubella     | <input type="checkbox"/> pneumonia       | <input type="checkbox"/> other _____      |

**Immunizations:** List types, when given, and any reactions:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Prenatal/birth/neonatal history:**

Birth weight \_\_\_\_\_  premature  late  full term

**Mother's health during pregnancy:**

- age
- illness
- stress
- diabetes
- alcohol
- bleeding
- toxemia
- x-rays
- medications
- drugs
- extreme nausea
- trauma / injury
- high blood pressure
- cigarettes
- other \_\_\_\_\_

Place of birth \_\_\_\_\_

**Infant feeding:**

- breast fed: if yes, how long? \_\_\_\_\_
- formula fed: how long and types of formula? \_\_\_\_\_
- Age solids began: \_\_\_\_\_ What foods? \_\_\_\_\_
- Food allergy/intolerance(s) \_\_\_\_\_
- Favourite foods: \_\_\_\_\_

**Sample daily diet:** choose your child's typical day and include liquids

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Hospitalizations/surgeries/accidents/serious injuries and illnesses:** (describe each incident and give dates)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Family History**

Identify all family members who have or have had any of the following:

- |                                |                  |                                |                |
|--------------------------------|------------------|--------------------------------|----------------|
| <input type="checkbox"/> _____ | alcoholism       | <input type="checkbox"/> _____ | allergies      |
| <input type="checkbox"/> _____ | anemia           | <input type="checkbox"/> _____ | arthritis      |
| <input type="checkbox"/> _____ | asthma           | <input type="checkbox"/> _____ | diabetes       |
| <input type="checkbox"/> _____ | eczema           | <input type="checkbox"/> _____ | epilepsy       |
| <input type="checkbox"/> _____ | heart disease    | <input type="checkbox"/> _____ | hearing loss   |
| <input type="checkbox"/> _____ | hypoglycemia     | <input type="checkbox"/> _____ | mental illness |
| <input type="checkbox"/> _____ | obesity          | <input type="checkbox"/> _____ | stroke         |
| <input type="checkbox"/> _____ | thyroid disorder | <input type="checkbox"/> _____ | other(s) _____ |

**Patient's Health History**

Now	Past	Never		Now	Past	Never	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	fatigue
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	frequent infections
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	headaches
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	bedwetting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	heart murmur
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	birth defects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	high fever
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	colic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	hyperactivity
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	cough/wheeze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	insomnia
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	croup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	jaundice
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	learning problem
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	moodiness
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	dry skin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	stuffy nose
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	earache(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	thrush
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	eczema/rash	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	vomiting spells

others: please list: \_\_\_\_\_