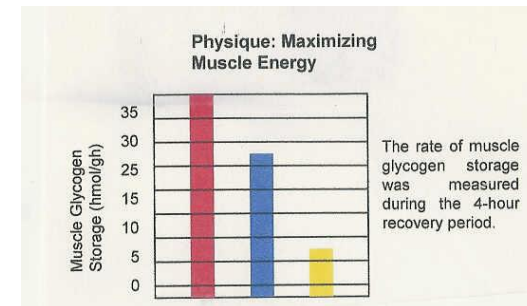


# PHYSIQUE

**Rebuilding primary and secondary muscles is a life long process. The most powerful delivery system ever formulated. Maintaining and rebuilding your muscles and stopping muscle loss during our lifetime becomes very important to human health.**



- Physique features a unique blend of complex carbohydrates and protein called Bio-Build®. (Clinically proven to help recovery, rebuild muscle tissue longer and stronger than the original tissue)
- Bio-Build® nutrients are used by the body to trigger the secretion of insulin into the blood stream. Insulin is the body's natural stimulating hormone promoting the uptake of carbohydrates and amino acids into the muscle cell for rebuilding. This is a process unique to Shaklee with low glucose index.
- Chromium is very important in muscle rebuilding. Chromium must have a delivery system and Shaklee has perfected a unique system that will readily make the absorption of the chromium possible. No matter how much muscle building hormone you have available, you need chromium to drive the protein and carbohydrates into the muscle.
- Physique promotes muscle glycogen storage. Insulin acts as a potent anabolic hormone, preventing muscle protein break down. That is why; with the right glucose response and the right complex carbohydrates you can rebuild your muscle back stronger.
- Once the muscle is opened by chromium, a quality of the glucose complex carbohydrates and the rest of the essential
- amino acids must be available for maximum muscle building and excellent recovery. Recovery time could be cut in half from surgery or any kind of trauma by using Physique.
- Remember the muscle is 35% of valine, leucine, and isoleucine. Physique is made up of 44% of valine, leucine, and isoleucine. This is the best muscle building mixture on the market and has the best delivery system.

**Losing muscle mass, body shape and muscle tonality is a major problem today, because we consume too much simple carbohydrates and sugars. This causes blood sugar swings and in turn too much muscle loss because there is not enough bio-available protein, chromium and complex carbohydrates in our diet. Rebuilding muscle and restoring muscle mass can be accomplished with today's new technology and Shaklee PHYSIQUE.**