

# What

## does my coach do that I don't like?

He yells.

There is nothing about my coach I don't like.

[Xylia, age 7-10, St. Paul, MN](#)

Says negative and threatening things- that doesn't work for me, it makes me more nervous and I can't concentrate on what I should be doing—instead I worry about what he got on my case about and it seems like I do worse.

[Jackie, age 11-14, Grand Rapids, MN](#)

He yells a lot and sometimes he gets a little too serious and sometimes pushes us over the limit.

[Megan, 11-14, unknown](#)

She teaches techniques that are different from other coaches and camps I've been to.

[ani, age 11-14, Springfield, MO](#)

The coaches I have now don't do any thing that I do not like. I did have a coach that did a lot of things I didn't like. He didn't teach the fundamentals before he taught advanced moves, didn't coach everyone evenly, didn't run a good practice overall. He was a bad influence for the sport of wrestling. That is why I am thankful that I have the wonderful coaches I have now and didn't give up on wrestling.

[Ben, age 11-14, Wellington, FL](#)

To be completely honest, my coach never did anything I didn't like. She was always working on improving everyone's skills. My coach's volleyball career was very successful and she was trying to make everyone on the team as athletic as she was.

[ourtney, age 11-14, Springfield, MO](#)

Well, he never really disciplines the team. He never gives the not so good players a chance. He is kinda wimpy to the other girls like if they say I'm gonna quit if you don't play me, he gives in and plays them, even when we have a good chance of winning. I still believe that the people that aren't so good, should still try to improve and have a chance at playing, because if they are still in the sport it means that they love it and should have a chance.

[Jennifer, age 11-14, Moose Lake, MN](#)

Yells, when something is not right in the drills.

[Jenna, age 11-14, unknown](#)

Great things come from hard work, so I guess I would say that we don't get worked hard enough physically during our practices. We should also work more on "game" situations. The best high school hockey teams incorporate dry land into their workouts on a regular basis, so I would add dry land to our practices.

[Kristi, age 11-14, Lake Elmo, MN](#)

I don't like that he favors some girls and he doesn't push us hard in practices.

[hannon, age 11-14, Sturgeon Lake, MN](#)

I can't say that there is too much that I don't like about my coach, but one thing is that at times he is a little bit too negative when we really need positive support, but over all he is great.

[Kayla, age 15-18, Anoka, MN](#)

What I dislike about my coaches is sometimes they assume our commitment. Sometimes my coach does not understand that we have other commitments to other teams and programs. We are expected to show up for all of our trainings even if we just had a training with another program yet they still expect us to train the same. People need breaks, time to recover and sometimes they don't understand that.

[icole, age 15-18, Anoka, MN](#)

My coach sometimes trains us too hard and expects a lot out of us. This helps us in the long run, because the physically and mentally strong will stay and use the training and expectations to help us.

[icolas, age 15-18, West Palm Beach, FL](#)

I don't really think that there is anything that my coach/coaches do that I don't like. They push us hard, but it is for the best, even though I might not like it at the time.

[tacey, age 15-18, Grand Rapids, MN](#) NO L YMPIC COACHV OL UME1 8 NUMB ER3  
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With one set of my coaches, I hate how they get so angry over the littlest details like a couple of bad passes or a weak shot. I feel like with them it's not "ok" to make a mistake and that I need to be perfect in everything I do. I also don't like how they pick out one girl as their favorite and make everything about them. With my high school coaches, I don't like how they are so laid back. I wish they would push our team to work harder in practices in order for my team to have greater focus and intensity when it comes to game time.

**Meghan, age 15-18, Maplewood, MN**

The one thing that I don't like about my coach is that she isn't always at the session that I practice in. The program is so large that she sometimes has to coach in a session that is at the same time as my session, but at a different location.

**Lizz, age 15-18, White Bear Lake, MN**

Sometimes the way she answers a question makes me feel like I should have known the answer.

**Katie, age 15-18, Rochester, MN**

One thing I do not like about my coach is that he can sometimes pick favorites when he should think about the whole team not just individuals.

**Danielle, age 15-18, unknown**

When he doesn't play me, even though I think I should be on the ice.

**Elsa, age 15-18, unknown**

No communication, negative attitude, disrespectful and non-complimentary.

**Kate, age 15-18, Chanhassen, MN**

The thing I do not like about my coach is that he plays favorites. If he sees a girl who he thinks could be the next Chrissy Wendel (captain of the USA Olympic hockey team) he helps her more and plays her more. He always has one favorite on the team and it makes the rest of us feel like we are not deserving of playing time.

**Nicole, age 15-18, Maplewood, MN**

My coach is good at what he does, but sometimes he can come off as an aggressive person, but once you get to know him he's a really good guy.

**Kyle, age 15-18, Springfield, MO**

Something that my coach does that I don't like is sometimes in practice we do the same breakout drill everyday and we don't change it up to accommodate different situations.

**Christina, age 15-19, Woodbury, MN**

The thing I don't like about my coach is his laid back approach on things. I know for myself and possibly many girls out there who are trying to make varsity to prove themselves and it is very hard to do that nowadays. For me it was the fact that I thought I had proved myself to my coach and that I was pretty much ready for anything coming my way during the hockey season. I felt that whenever I did something that would help the team he would pull me off the ice for so many shifts. I also didn't like that during the hockey season practices that we hardly ever did killers or any skating improvement drills to challenge both myself and my teammates. I think that for every girl who plays hockey seriously, they want the challenge and coaches should try to bring that to the plate.

**Hillary, age 15-19, Elk River, MN** NO L YMPIC COACH **1 0** VOL UME1 8 NUMB ER3