

Now Enrolling!!

U of G Summer Programs

2011



Summer Day Camps

Ages 3 - 10 years (must be potty trained)

Stay active and fit and of course have a blast this summer at Camp U of G! Camp days consist of gymnastics lessons and classroom activities which include arts & crafts, science experiments, cooking projects, Learning In Motion and carnival! Learning in Motion is an Action Based learning program which incorporates academic learning through sports skills. Your child will improve their fitness level through circuit training, running, locomotor skills (cardio), jumping rope, just to name a few. In addition, our camps will include a focused academic time to reinforce skills learned throughout the school year. We will be sharpening *brain skills* as well as *physical skills* all summer long!

Each camp is one week long, Monday through Friday from 9:00 a.m. to 2:00 p.m. A deposit of \$100.00 is due at the time of enrollment for each camp desired. Please see our camp dates and prices below.

Camp: \$150 * Extended Care: \$83 * \$5 Discount for each additional camp!

Camp 1	June 6 – June 10	Camp 6	July 11 – July 15
Camp 2	June 13 – June 17	Camp 7	July 18 – July 22
Camp 3	June 20 – June 24	Camp 8	July 25 – July 29
Camp 4	June 27 – July 1	Camp 9	Aug 1 – Aug 5
* Camp 5	July 5 – July 8	Camp 10	Aug 8 – Aug 12



Mother's Day Out

Ages 18 months – 4 years

Summer Session • June 6th – August 12th

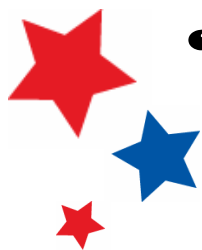
Prices: \$131/mo. for 1 day • \$230/mo. for 2 days • \$345/mo. for 3 days

University of Gymnastics' Mother's Day Out program offers a unique alternative to traditional MDO programs. Your child will enjoy daily fundamental gymnastics, music & movement classes as well as 1½ hours of classroom activities where your child will be introduced to academics, arts & crafts, manipulatives, preschool readiness, and much more. University of Gymnastics' warm and loving atmosphere helps children learn the fun of playing and sharing, while developing their social skills and making new friends. *Extended Care is available 8:00 a.m. – 6:30 p.m.*

U of G...where children learn to shine!

Kid's Night Out 3rd Fridays of the month • Play Groups • Birthday Parties • Field Trips

www.UniversityofGymnastics.com 972-423-5709



“Fun-Tastic” Gymnastics & Cheerleading



Ages 2 years & older
 Summer Session June 6th – August 26th

To make your life a little easier, we offer a year round gymnastics program. No more re-registering for summer classes, no more trying to rearrange your schedule to fit a new class time into it, then trying to remember it during the summer months only to have it change again in the fall. Your class time will remain the same as long as you want it to. *As in the years past, we will still offer **PRORATED TUITION** for vacation time during the summer months.* Just turn those dates in at the beginning of the month and we will prorate them out of your tuition for that month. U of G will offer an action packed summer full of fun and exciting gymnastics! Along with themed weeks there will be decorations, music, prizes, stickers and tons of fun! We follow USA Gymnastics’ progressions to insure your child is on the right track to successful learning!

Wow, 5% Discount for advanced 3 months payment of Summer Tuition!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30 Tumble Tots 2	3:30	3:30	3:30 Tumble Tots 3	2:45 Preschool Sensory Gym	Fantastic Birthday Parties Ages 3 & Older ★ Parties are Private ★ Include Invitations ★ Include Party Favors ★ New Party Room <u>Times</u> 1:00, 3:00 & 5:00
4:30 Girls 1	4:30 Tumble Tots 3 Girls 1 (K – 3 rd)	4:30 Girls 1 (K- 3 rd) Girls 2 (3 rd and up)	4:30 Girls 1 (K-3 rd)	3:30 School Age Sensory Gym	
5:30 Girls 1	5:30 Tumble Tots 3 Girls 2 Boys Gym	5:30 Cheernastics	5:30 Girls 2 (3 rd and up)	4:30 School Age Sensory Gym	
6:30 Tumble Tots 3 Boys Gym	6:30 Tumble Tots 2/3 Girls 1 (K-3 rd) Boys Gym Power Tumbling	6:30 Super Cheer	6:30 Girls 1 (K-3 rd)	Kid’s Night Out 3rd Friday Of Every Month 6:30pm – 10:30pm	

SENSORY GYMNASTICS

This program is designed to support developmental needs and improve social skills for children with various issues including ADD, ADHD, Down Syndrome, Asperger Syndrome, Developmental Delays and Sensory Dysfunctions.

TUMBLE TOTS 2

The TT2 class allows children ages 2+ to explore the gym on their own! Parent participation is not required, but viewing from our observation area is welcome. As students become stronger and more flexible, new and more exciting skills are introduced!

TUMBLE TOTS 3

TT3 is our premier pre-school class! Each class is designed especially for 3, 4, & 5 year olds and prepares children of any skill level for progressive gymnastics. Each week, members of TT3 enjoy an exciting warm-up, two event rotations, and an ending activity!

GIRLS PROGRESSIVE GYMNASTICS

Exclusively for young ladies ages 6 and up, our Progressive Gymnastics program is just as the name implies. Students are encouraged to work skills that are appropriate for their skill and strength levels and are allowed to progress at their own pace. Beginner, Intermediate, and Advanced classes are available and events include Beam, Bar, Trampoline, Floor Exercise, and Vault.

BOYS GYM

Find the perfect compliment for all other sports in Boys Gym! Gymnastics for boys ages 6 and up is great for developing the agility, flexibility, and coordination that is so important to today’s athletes.

CHEERNASTICS

Cheerleaders are amazing athletes! What could be better than a class that combines the tumbling of gymnastics and the specific skills of a cheerleading team? Cheernastics is a unique blend of standing, running, tumbling, motions, jumps, cheers, stunts and dancing for children ages 5 and up



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