

Serracor-NK and Uterine Fibroids

Uterine Fibroids can affect women from their early 20's to their late 40's. This can be an alarming diagnosis as this represents a large percentage of women's child bearing years. Most fibroids can be detected early and are non-cancerous when detected in time. As to the cause of this condition, the medical field has suggested that unbalanced hormones could be a contributing factor. When diagnosed, doctors have similar approaches to treating uterine fibroids. The first is surgery, not only do many women want to save surgery as the very last option but if and when surgery is needed to remove fibroids they have many other risks. One being, the likely chance that they would not be able to have children ever again and the financial burden of this is also something to consider. While surgery only addresses the removal of the fibroid, the other approach being used by the medical field is prescribing medications such as low dose birth control pills to GnRHa's (gonadotropin releasing hormone agonists). These medications do address the battle for estrogen dominance taking place within a woman's body, but they have side effects that can lead to more serious conditions. Other side effects of hormone medication are depression, mood swings, severe menstruation (heavy bleeding), much longer periods and in some cases ovarian cancer. These are just a few of the many problems reported by women with hormone therapy. But now more and more women are seeking a new approach one that is all natural, safe and with little to no side effects. And the best part, it is non-surgical. 1

Uterine fibroids are formed in the uterus. They consist of Fibrin (scar tissue), most fibroids are formed from as a reaction from menstrual functions, unbalanced hormones and through the process of pregnancy. Fibroids can be dissolved with Serracor-NK. Serracor-NK contains Serrapeptase a powerful fibrolytic systemic enzyme that can dissolve fibroids through fibrinolysis (fibrin dissolving) in the uterus. Overtime a short amount of time (Serrapeptase) Serracor-NK will dissipate the fibrin that is the molecular make up of the fibroid. Serracor-NK will also address the inflammation given off from the uterine fibroid making for less pain and discomfort that the fibroid produces. Serracor-NK is formulated as a highly fibrolytic systemic enzyme, by adding nattokinase to Serracor-NK it provides an enzyme that has a high dissolving rate for fibrinolysis (fibrin dissolving). When fibrin is broken down it is liquefied in the blood stream, nattokinase thins the blood to stop these fibrin fragments' from being absorbed in other parts of the body. These two enzymes are a must have for any woman that wants a serious chance to break down the fibroid. The fibroid (fibrin) is then broken down and released through the bloodstream.

While Serracor-NK will concentrate on the dissolving of fibrous tissue of the fibroid, women still need to focus on the hormonal balance that can play a vital role in the continued growth of the fibroid. Estrogens are particularly to blame for the rapid growth and inflammation. Estrogen overload can cause hot flashes, mood swings, acne and much more. Prevalin-HS is now being recommended with Serracor-NK to assist in the battle for estrogen dominance. Prevalin-HS contains isoflavones that counter the harmful effects of estrogen. Women nearing the stage of menopause are often given hormones by their doctor to help with effects of menopause.

Previalin-HS deals with hormonal in balancing in an all natural way that will keep fibrin levels down and stop the growth of existing fibroids. Previalin-HS is formulated by doctors and contains clinical proven ingredients' for hormone replacement. To read more about Previalin-HS click [here](#).

With the combination of Serracor-NK and Previalin-HS women now have a powerful two stage product package that will dissolve uterine fibroids and stop their growth by balancing estrogen levels. Pivotal Health also recommends Vitamin D10 with this package. Vitamin D10 contains 10,000 iu's of all natural Vitamin D that is clinical proven to enhance the bodies' inflammatory response and to modulate the immune system. If you have question or would like to learn more please call us at 1-877-404-8804.

Q. What are the different types of fibroids?

A. There are four different types: Subserous (outer wall), Submucosal (inside the uterine cavity, Intramural (within the uterine wall), Penduculated (attached to the uterus by a stalk)

Q. Can fibroids grow in different parts of the uterus?

A. Yes, fibroids can grow in many different locations around and in the uterus

Q. What are some of the symptoms associated with uterine fibroids?

A. Heavy menstrual bleeding, irregular menstrual bleeding and spotting, pelvic pressure and pain, urinary frequency and urgency, constipation and hemorrhoids, infertility, loss of pregnancy.

Q. Can I expect to see a discharge as the fibroid is breaking down?

A. It depends; if the fibroid(s) are inside the uterine cavity, you may notice a discharge. This is a common sign that the lysing (dissolving) of the fibroid is occurring. The color of this discharge can range from clear to white to blood red or brown periodically during the first few months. If you experience any discharge that alarms you, please consult with your doctor. If the fibroid(s) are in the lining, they will be broken down, carried through the circulatory system and excreted via the bowel. This is not something one would notice.

Q. What diet is best when attempting to shrink the growth of fibroids?

A. A low fat, high fiber diet is best. Eating organic meats, fruits & vegetables, and dairy will help eliminate xenoestrogens such as chemical pesticides and human growth hormones that can mimic estrogen in the body.

Q. What is a calcified fibroid?

A. Older fibroids can develop a calcium coating which is basically a hard outer shell that may be the body's way of isolating the fibroid. This calcification can prevent the enzymes from doing their work.

Q. How do I know if my fibroid is calcified?

A. Your doctor should be able to determine this via an ultrasound.

Q. What helps break down the calcification?

A. Magnesium Citrate helps reduce excess calcium in the body when taken alone without calcium.³

Uterine Fibroid Product Package

At Pivotal Health we have done our research to insure that we can provide you with not only efficacious and proven products. Our company is also at the fore front of the latest clinical research, medical news and new medicinal approaches to the conditions that people of all ages are suffering from. After much correspondence with health professionals and women dealing with uterine fibroids, we feel that we have taken the next step in assisting you in the disbanding of fibroids. ⁵

Over all the use of systemic enzymes is a useful option for women dealing with this conditions. Serracor-NK is the staple product for our uterine fibroid package. Serra RX80 contains serrapeptase 80,000 iu's, by adding this product along with Serracor-NK users take a more aggressive approach to their condition. Many women are currently taking these two products together and convey that their fibroids are in remission or have dissolved completely. We strongly recommend adding Serra RX80 with Serracor-NK as much research shows that high dosages of serrapeptase will dramatically lower your fibrogen levels quickly and safely.

Hormones play a large part in the formation of uterine fibroids along with your body's immune response to heal itself from this condition. We strongly suggest that to effectively combat the effects of a hormonal in balance that women should take Prevalin-HS. This product was formed specifically for women afflicted with the many effects of low estrogen levels.⁶ The first phase of Prevalin-HS is a isoflavone blend. Isoflavone or Soy has been used by women for many years to help fight the effects of hormonal in balances. Research suggests that soy isoflavones act in four distinct ways: as estrogens and antiestrogens, as cancer-enzyme inhibitors, as antioxidants and as immune enhancers. Estrogens and antiestrogens: Isoflavones are considered nonsteroidal estrogens: They are strikingly similar in chemical structure to the estrogen hormones women produce, but they are also different enough not to be full-fledged steroidal hormones.

The most immediate and observable effect of supplemental soy isoflavones is the reduction of menopausal hot flashes. In one study, Italian researchers gave 104 women daily servings of either isolated soy protein, containing 76 mg of isoflavones, or a placebo for 12 weeks. Within three weeks, women eating soy averaged a 26 percent reduction in hot flashes. By the end of the study they had a 45 percent reduction in hot flashes. [1]

Other studies have shown similar benefits. Gregory L. Burke, M.D., of the Bowman Gray School of Medicine, Winston-Salem, N.C., gave isoflavone-rich soy supplements to 51 postmenopausal women. The soy lessened menopausal symptoms, lowered blood pressure and resulted in a healthier blood lipoprotein profile. The supplements led to these benefits, Burke noted, without the side effects associated with conventional hormone replacement therapy. [2]

In women, estrogen promotes bone formation, and the postmenopausal decrease in estrogen production increases the risk of osteoporosis. In a study at the University of Illinois, Urbana,

John W. Erdman, Ph.D., gave daily soy supplements or a placebo to 60 postmenopausal women. The soy supplements contained either 55.6 or 90 mg of isoflavones. After six months, the women consuming soy isoflavones had significant increases in bone mineral content and density in their lumbar spines, compared with a control group. The researchers did not note any dose-related differences between the supplement groups. [3]

Women will benefit greatly from the pharmaceutical grade Isoflavone complex in Prevalin-HS. There is many years of research and clinical studies showing the profound positive effects of Isoflavone treatment for women in the post menstrual years.

Prevalin-HS Phase 2:

Black Cohosh is used in Prevalin-HS for hot flashes, mood swings, night sweats, vaginal dryness and other symptoms that can occur during menopause, as well as for menstrual cramps and bloating. Women in their post menstrual years often deal with these issues on a daily basis with little or no relief. Prevalin-HS uses a 8% pharmaceutical grade Black Cohosh. This will provide you with the highest grade of Black Cohosh that you are allowed.

While there are many biological changes taking place within your body your immune system will start to decrease by lowering your immune response and your fibroids could start to enlarge or they could stay in a stagnant state. By supplementing with Vitamin D10 your immune response will strive back and the modulation of your immune system will not only assist your progress in your fight against your fibroids. But you will become less subsepticable to illness's and any other immune related conditions. 7

Please use the following dosage chart for our Uterine Fibroid Package:

| Uterine Fibroid Products | Introduction Phase <i>7 days period (not needed for exsisting serracor users)</i> | Therapeutic Phase <i>30 days or until desired results (30-270 days)</i> | Maintenance Phase <i>taken for 30-360 (depending upon each person)</i> |
|---------------------------------|---|---|--|
| | Capsule per day (x) a day | Capsule per day (x) a day | Capsule per day (x) a day |
| SERRACOR-NK | <i>1 capsule a day for 7 days</i> | <i>3 capsules, 3x a day</i> | <i>1 capsule, 3x a day</i> |
| Serra RX 80 | <i>1 capsule a day for 7 days</i> | <i>2 capsules, 3x a day</i> | <i>1 capsule, 2x a day</i> |
| Prevalin-HS | <i>1 capsules , 3x a day</i> | <i>1 capsule, 3x a day</i> | <i>1 capsules, 3x a day</i> |
| Vitamin D10 | <i>1 tablet a day</i> | <i>1 tablet a day</i> | <i>1 tablet a day</i> |

The dosage chart that is to be used only as suggested use, not as a prescription dosage.

If you have any questions about this article or this product package please call us at 1-888-404-8804 you can visit us at www.pivotalhealth.info