

Casa de Dom Inácio
Guide for English Speaking Visitors



" I do not heal anyone, the one who heals is God."
Médium Joao Teixeira de Farias

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**A SUMMARY OF MAJOR CHANGES SINCE THE LAST VERSION IS
AVAILABLE ON THE LAST PAGE.**

Preface to the fifth edition.

The intention of this guide is to simplify and clarify all the many rules and procedures in place at the Casa de Dom Inacio. Most of these rules have been handed down from the entities over years of work. Over time there have been many changes to existing rules and we expect that there will be many more in the future.

Although we have made every effort to include all rules and procedures, we may have omitted some. If you found something missing or have a comment or suggestion, please feel free to leave a note in the casa suggestion box. Although we will not be able to respond to every email, be sure that we will review every suggestion and consider it for inclusion into the next edition. If you love this book and want to send your moral support, please simply say a prayer of thanks to Dom Inacio.

We are grateful to those of you who contributed your comments, insights and time to this fifth edition. Thank you for helping make this guide clearer and more useable.

Introduction

This guide is intended to help you get the most out of your time at the Casa de Dom Inacio and hopefully to make your visit enjoyable as well as fruitful, whether you are here seeking physical healing, asking for help in your life or following your spiritual development. The rules and guidelines here described are defined by the entities of the Casa. From time to time these rules are changed and we will make every effort to update this information in new editions. When you arrive in Abadiânia it is always a good idea to go to the Tuesday evening introductory talk at the Casa. Even if you are an old timer, this is the perfect place to get acquainted with the latest changes in protocol or procedures. In general terms, the way to get the best out of your journey to the Casa de Dom Inacio is to cultivate a space of inward focus and prayer. Be respectful of others and be ready to surrender to the work that is yours to do.

Chapter 1. The Casa

1.1 The Casa de Dom Inacio.

The Casa de Dom Inacio was established in Abadiânia in 1979 by Medium Joao Teixeira de Farias, known around the world as Joao de Deus or John of God, as a place to fulfill his spiritual healing mission. The Casa operates as a Non Denominational Temple and a Spiritual Hospital where innumerable spiritual entities work to help us heal, physically as well as emotionally and spiritually.

Everyone, regardless of their faith or religious belief is welcome at the Casa de Dom Inacio.

1.2 What to Expect.

If you are expecting to arrive at the Casa and have God descend in front of you and say "you are now healed my child you can go home", you are probably going to be disappointed. If that was your destiny, God did not need you to come to Abadiânia to perform such a miracle, he could have done it in your own home. If you are here it is because that one is probably not an option for you right now. More than likely there is something for you to learn about receiving God's love and healing. So keep in mind you are here to LEARN and be prepared to do your part, whatever that may be for you. There are people here who along with Medium Joao and the entities are dedicating their time and energy to facilitate a process for you to receive help in your healing. You must always remember though, that this healing journey you are embarking on is your responsibility and no one else's. If we could see the grand scheme of spiritual matters we may be very surprised to see how little we are asked to do, but the whole thing cannot work unless we do our part too. The good news is you are here and something in your spirit brought you here. This probably means there is an opportunity for you to grow, improve your health and maybe even give of yourself to help others.

Keep in mind that the flow at the Casa is carefully orchestrated by the entities to maximize everyone's chance of receiving healing and help in their spiritual journey (Including the staff and volunteers). Although things may seem disorganized for Cosmopolitan Social Standards please do keep in mind you are neither in a Cosmopolitan setting nor in a Social setting. This is a spiritual hospital and the rules here are set up very differently than in any other setting you may be familiar with. If you find yourself upset at some rule or procedure take the opportunity to review your expectations rather than attempting to change the way things operate. Even spending time talking about how poorly organized things are is a distraction from the real opportunity you are faced with. Please don't hear this as some holy rule, it is just an opportunity to be mindful. If in your heart you know there is some way you can contribute to the Casa, you are more than welcome to speak about it to the entities or the staff.

1.3 The Casa And It's Spiritual Instruments

The Casa uses many instruments or vehicles to assist you in your spiritual process. These instruments include:

- ✳ The Current
- ✳ Passiflora (PASSION FLOWER) supplements
- ✳ Blessed Water
- ✳ Magnetic Passes
- ✳ Massage
- ✳ Spiritual passes
- ✳ Spiritual Interventions
- ✳ Crystal baths
- ✳ Waterfall
- ✳ Soup
- ✳ Prayers

All these will be discussed later in more detail

1.4 Facilities at the Casa

The Casa is a spiritual center located in a very modest rural town in central Brazil. The Casa does not have any medical facilities nor is it equipped to deal with visitors needing any special medical care. Visitors who suffer from any medical condition are advised to seek the counsel of their physician before undertaking their journey to Abadiânia - Brazil. The Casa assumes no responsibility for medical complications that may arise during a visitor's journey to Abadiânia - Brazil.

Be further advised that the township of Abadiânia has no hospital and no medical facility to speak of. There are medical Doctors who practice here part time and there is a first aid station. Pharmacies are available to purchase standard over the counter medications as well as to fill some prescriptions. If you are taking prescription medications you should continue taking them while you are visiting the Casa. As your prescription may not be available here you should bring enough for the length of your stay.

1.5 Casa Safety.

While at the Casa please keep in mind that you are in a developing country and the Casa is open to everyone, including people who may be prone to taking things that are not theirs. Be mindful of where you place your belongings. Even while sitting in current, place your purse or handbag under your feet and make sure your room key is in your pocket and not in a bag or other container. We regret that this is so, but the Casa cannot be responsible for any lost or stolen articles.

Abadiânia is a rural town, but the constant influx of foreign travelers has, unfortunately, attracted the attention of some undesirable elements. At night, please do not wander alone - walk in groups and stick to the main roads. It might take longer but it is much safer. Remember not to carry valuables or large amounts of cash when you are walking around town as well.

1.6 Pousadas/Hotels, Táxis and Restaurants.

During the last few years, many businesses such as Pousadas/Hotels, Táxis and Restaurants have been established in Abadiânia to take care of the many visitors who come to the Casa de Dom Inacio. Even though many of these businesses were established by people who participate at the Casa, they do not have any commercial affiliation with the Casa. The Pousadas/Hotels, Taxis and Restaurants are independent businesses and the Casa assumes no responsibility for the quality of the services rendered.

Chapter 2. What to prepare before your trip

2.1 Casa Attire.

The Entities request that all participants wear white clothing to the sessions at the Casa. The Casa is a Spiritual Center, it is a house of prayer. Please wear clothing that is appropriate to a house of prayer. This includes the gardens and the path to the sacred waterfall.

Specifically, sleeveless shirts, shorts, cutoffs and very revealing clothes are not allowed. (You are free to wear other colors in the Casa grounds on the weekends or after the session hours.) Your clothes should fit comfortably and not be tight around the waist. If you cannot avoid wearing a belt, you should loosen it when sitting down in the current room. Please do not wear a hat or sunglasses in the current room.

For your trip, it is wise to pack more than one set of white clothes. Laundry facilities in Abadiânia are not the most efficient, so you can expect a three day turnaround if you have your clothes washed. A good rule of thumb is to bring three white tops and two bottoms.

2.2 Other Clothing.

Casual comfortable clothing is appropriate around town and in your pousada. Plan for warm weather and complement with a sweatshirt and light rain jacket. (An Umbrella is also indispensable.) Although generally the days are quite warm, weather in Abadiânia can change quite abruptly. Warm days can get to 95 degrees Fahrenheit (35 C) and cold nights to 41 F (5 C).

Footwear. For the Casa, you can wear sandals, comfortable leather shoes or tennis shoes. If you like to hike, some light hiking boots would be good. Do not bring your good leather shoes as many streets are not paved and the ones that are may not be very clean.

2.3 Trip Planning.

Remember you are here for healing. Therefore, please do not plan on touring other parts of Brazil in between weeks at the Casa. The entities have repeatedly said you are endangering your healing if you leave Abadiânia in the middle of your visit. If you want to do some touring, please plan to do it before you come to the Casa. Also do not plan strenuous

journeys immediately after your visit to the Casa. You will be recovering from your experience here for up to 40 days.

2.4 Recommended Reading.

Biography of John of God

- ✦ The Miracle Man, The life story of Joao de Deus. R. Pellegrino-Estrich
- ✦ John of God – The Brazilian Healer who has touched the lives of millions. H. Cumming & K Leffler
- ✦ The Book of Miracles – Josie Ravenwing

Philosophy of the Casa

- ✦ The Spirit's Book – Allan Kardec
- ✦ The Medium's Book – Allan Kardec
- ✦ The Gospel According to Spiritism – Allan Kardec
- ✦ Nosso Lar – Francisco Candido Xavier
- ✦ And Life goes on - Francisco Candido Xavier
- ✦ The Messengers - Francisco Candido Xavie

General Background

- ✦ John of God: A Guide to Your Healing Journey with Spirit Doctors Beyond the Veil - Mytrae Meliana

2.5 Other things to bring with you.

A flashlight, a camera, an umbrella, some inspirational reading and a hat are good things to bring along. If you are bringing any electric or electronic equipment such as blow dryer, electric shaver, iPad or Computer, remember that the local electrical supply is 220V. Standard alkaline batteries for CD players or cameras are easily available. Other battery types are more challenging to find.

Chapter 3. Upon Arriving in Abadiânia

3.1 Visiting the Casa.

After you settle into your pousada, it is a great idea to visit the Casa grounds and familiarize yourself with its location and general layout.

3.2 Newcomer Orientation in English

Every Tuesday night at 5:00 PM (17:00), the Casa hosts an introductory talk to welcome newcomers and to update everyone on the latest rules or changes in Casa Protocol. Please plan to attend this talk when you first come to Abadiânia.

3.2 Newcomer Orientation in German

Most Tuesday nights at 5:00 PM (17:00), the Casa also hosts an introductory talk to welcome newcomers in German. Please check at the casa to see if there is one scheduled when you arrive.

3.4 Entering Casa Grounds.

Please keep in mind that you are entering a holy site and be respectful of the place, of yourself and of others. This will greatly enhance everyone's experience, including your own. Otherwise, feel free to roam the gardens, sit at the terrace and enjoy the view.

3.5 Silence is a Prayer.

There are signs around the Casa asking for silence and stating that silence is a prayer. There is a practical component of silence that has to do with allowing others to hear what is going on. But there is also a deeper and more important aspect of maintaining silence. The more we are silent the easier it is to be in tune with our own process and what is happening in the inner world. Silence goes beyond just not speaking and can be a state of being.

There are many beautiful experiences to be had here, but we will miss them if we do not cultivate silence. There are many distractions here, most of them as innocent as a friend wanting to share their experience. Although the current rooms are a place where many of these experiences originate, many times the really significant ones happen while we are out by ourselves looking at the view or resting in the garden.

Some of those moments are just for you and sometimes they come and go in a flash. No one can tell you how or help you seize these nuggets of gold. So we invite you to practice cultivating Silence while in Abadiânia.



Chapter 4. Spiritism

4.1 The Most Basic Ideas.

A detailed explanation of Spiritism, Mediumship and the relationship between the Medium and the entities of the Casa is beyond the scope of this guide. Readers are referred to the copious literature available on the subject, including the classic texts by Alan Kardec mentioned in the previous chapters.

The main tenet of Spiritism is that Spirits exist before and after they have an incarnate existence like the one we are experiencing now. Spiritist doctrine also states that we can communicate with these spirits.

The people who have developed the ability to communicate with these Spirits are called Mediums. There are many different types of communication and many different types of Mediums. In addition to this, Mediums are in different stages of development of their abilities.

In Brazil, Spiritism is practiced with great discipline and devotion in many Casas or Spiritist Centers. The Casa de Dom Inacio is unique in it's size, scope and reputation. So be prepared, you are coming into a unique opportunity. We hope you will make the most of it.

4.2 The Entities and the Medium.

For our purposes we will just make a few distinctions. First, the word entity refers to one of the many benevolent and advanced spirits that work here at the Casa. Although we are all mediums in one way or another, we refer to Joao de Deus as "The Medium". This is opposed to "The entity" which is the way we refer to the spirit that is incorporated in his body during the sessions at the Casa. Joao de Deus is the strongest full trance medium alive today in Brazil and probably the world. He is able to incorporate many different spirits including St. Ignatius of Loyola, King Solomon, Francisco Xavier and Drs. Augusto de Almeida, Jose Valdivino and Oswaldo Cruz. This unique ability gives us the rare chance to interact verbally with these entities and ask for advice and help with health and life issues. This is a rare opportunity and we should hold it as such.

Chapter 5. Casa Layout

5.1 General rules about all rooms.

While in any of these rooms please observe silence, do not cross your arms or legs and while in the current rooms keep your eyes closed at all times while sitting. Do not get up or open your eyes in the middle of the session unless you are specifically called to do so by one of the room monitors. Occasionally the entity will invite people to open their eyes and witness an operation. If this is the case, the room monitors will announce this in Portuguese and English.

If you are walking in line be mindful of others and do not bump or touch anyone, most especially the mediums that are sitting and concentrating in the current. You never know if the entities are using that medium's energy to help someone and by jolting them you have just interrupted someone's healing. Please remember that social protocol sometimes conflicts with spiritual processes.

While it may be instinctive for you to want to hug a crying friend or enthusiastically pat an old acquaintance in the back, you could be interrupting a process for them, one they may hardly be aware of themselves. If you are going to touch someone, it is wise to, at least, make sure the person you are going to touch is expecting and welcoming your touch.

5.1.1 Cameras, Cell Phones and other electronics.

Please remember during all Casa sessions to completely turn off and not use all cell phones, cameras and other electronic devices (such as iPods and iPads). No photos are allowed in any of the halls and current rooms during the sessions and the energy of the electronic devices can interfere with the Casa process.

5.2 The Main Hall.

The main hall is where we all gather every Wednesday, Thursday and Friday at 8:00 AM and 2:00 PM to begin the sessions. Someone on stage will direct an opening prayer and give instructions to the newcomers and make any new announcements the Casa wishes to communicate. Usually some long time friends of the Casa are also invited to share their experience or give an inspirational talk. At times the Medium will bring some people out and incorporate in public. He often says a few words of welcome before incorporating on such occasions. After incorporation the entity may perform some blessings, directly speak or give energy to some people. Should you be privileged enough to witness this, please remember to keep your arms and legs uncrossed. At some point the lines will be called, beginning with the Intervention line and followed by the other lines as the entities call them.

5.3 Current Room One - The Mediums Room.

This is the first room we enter into from the main hall. The mediums sitting in this room are tasked with cleansing the energy of those who go through the room when the entity

calls the lines. This is a very important function, as the cleansing prepares participants for their encounter with the entity. You are welcome to sit in this room at any time only after you have passed by the entity at least once after you arrive in Abadiânia and have fulfilled whatever instruction you were given by the entity (e.g., Intervention and rest).

To sit in this room, find a comfortable position, uncross your arms and legs, close your eyes and concentrate. If you are able, follow the instructions of the people leading the room, as they will direct your attention through prayers and visualizations to affect the group energy and fulfill the cleansing tasks at hand. If you find your awareness is too far off to follow the verbal instructions, trust your higher being to hear the deeper instructions being given and allow your process to unfold. The entities are present in that room at all times and they are there to help if you need. Remember to ask for help inwardly if you need it.

If you need to go to the toilet or if you need to leave, just raise your hand while keeping your eyes closed and one of the room monitors will help you. Once the monitor clears you to get up, you can open your eyes.

5.4 Current Room Two - The Entity Room.

This is the room where the incorporated entity sees people and recommends a course of action. This room is L shaped and the two parts have slightly different logistical functions but are both part of the Entities' current room. There are two ways to be allowed to sit in this current room.

One is if the entity tells you to sit there when you go through a line. Unless otherwise specified by the entity, you are instructed to sit there for one day; that is, the remainder of the session in which you were told and the next immediate session. For example, if you saw the entity on Thursday afternoon and you were told to sit in his current, you sit until the end of that session and then Friday morning you also sit in the current room. On Friday afternoon you either go to the line again or you sit in the Medium's room.

The other way to be allowed to sit in the Entities' current room is if the entity makes you a "Filho(a) da Casa" a son or daughter of the Casa. In this case please read the section of this guide on Sons & Daughters of the Casa.

One important distinction you should be aware of is that the smaller part of the room is used only to accommodate people after they pass in front of the entity. So, if you were told to sit there in the morning, for the afternoon session you should sit in the longer part of the room. This way the mediums concentrating in the room do not have to move every time a new person from the line is told to sit in current.

5.5 Casa Floor Plan as of 2014 –

5.6 Intervention Room.

You access this room through a door at the end of the Entities' room. This is the room where the entities perform interventions but it is also used to perform spiritual passes. (For

a description on spiritual passes, please read, "The Medium's Book" by Alan Kardec.) If you sit there when you have been scheduled for Intervention and you went in with the Intervention line then you have received an Intervention. If you were in the first or second time line and the entity told you to sit there on your way out then you DID NOT have an Intervention and you do not need to follow any special rules. Some mediums are allowed to work in the intervention room. This is only by specific verbal instruction of the entity. If you are not sure if you are allowed to be there, then you are not.

5.7 Infirmary or recovery room.

This room is to the right of the main hall as you face the stage. People that have had visible Intervention or are overwhelmed by the energy they are working with are brought here to recover. Please do not go into this room or knock on the door. If you are meant to be there, it is likely you will find yourself waking up there unbeknownst to you. If a friend or family member was operated with visible Intervention, this is where you will find them.



Chapter 6. Basic Casa Protocol

6.1 Well, here you are...

You have traveled a long way to come to the Casa and this is your first morning. If you are here with a group, your group leader will take care of many of these things for you, but if you are not with a group, you will need to condense all your thoughts and requests into some very concise ideas so you can present them to the entity. You will have all of about two seconds in front of the entity, and it is important for you to be clear on what you want to ask for. You can ask for help with health issues, emotional issues, spiritual issues or life situations. This is not about having the entity solve a laundry list of things you want changed in your life. It is about asking for help with very important, sometimes life threatening issues that are more than you can handle. Please remember that you still need to do your part. Also, if you ask for 15 things and the entity gives you one answer, will you know what the answer is for? Will you know how to do your part? Be concise, and ask for what is important.

6.2 Rules for all the lines.

When you are in a line, please keep your eyes open and maintain silence. Take care not to disturb those who are sitting in the current. If you are in the line to speak to the entity, it is very important to mentally focus on the issue you want to address with the entity. **You can only join the line once a day unless the entity instructs you to come back on the same day.** It is also forbidden to sit in current and then join the line during the same session. Likewise you cannot join the current after passing through the line during the same session.

6.3 Translation Line.

Now that you are clear on what to ask the entity you will need to have your questions/issues translated into Portuguese. Before the beginning of every session a line forms by the two counters near the reception area. This is the line for translation. One or more of the official Casa translators see people there, one by one, and help them translate their questions into Portuguese. These will be written onto a piece of paper. Please keep this paper with you and hand it to the translator when you arrive in front of the entity.

6.4 Mediums/Current Line.

While all the translation is going on, another line will be forming facing the door to the first current room. This is the line for those who are going to be sitting in current (Both Medium's and Entities' current rooms). The doors will open promptly at 7:20 AM and 1:20 PM (13:20) for the morning and afternoon sessions respectively. The doors will close at 7:45 AM and 1:45 PM (13:45) for the respective sessions. You will not be allowed to sit in current if you are late, so plan to be on time.

6.5 The Spiritual Intervention Line.

This line will be called from the stage and is only for those who have been specifically scheduled by the entity for Intervention at that specific time. (If you have been scheduled

for Intervention for Friday at 8:00 AM and today is Friday and this is the morning session you will go in when they call the Intervention line.) Please keep in mind that the 8 o'clock line and the 8 o'clock Intervention line are two different lines.

Also be aware that those are the names of the lines and the actual start time for the 8 o'clock line may be 8:25 or even later some times depending on the entity's instructions.

6.6 Voluntary Interventions.

Often after the intervention line has been called, the entity will extend an open invitation for anyone who would like to have an intervention. The invitation may be qualified by stating that only those who are waiting to go to the Second time line, the eight o'clock line or the revision line. (At least one week since your last intervention.). If you qualify for the invitation you now have the choice to decide if you would like an intervention. Only you can choose if you want one. So trust yourself, if you have a feeling that this is your time, then trust that and go in for the intervention. Be advised that if you choose to have an intervention at this time you will not go before the entity and you will go straight into the intervention room. The next time you will have the opportunity to go before the entity is at your revision line for this intervention. Occasionally the entity may also order an entire line to go for intervention. If that is the case then everyone in that line should go for an intervention and they should consider the intervention as the answer to the issues they were presenting in the line.

6.7 First Time Line.

If this is your first time at the Casa de Dom Inacio and you have never been sent or otherwise received herbs from the Casa or been before the entity at an event outside of Abadiânia, then this is the line you want to be in. Please get a free 1st visit ticket from the bookshop and wait for the first time line to be called. When you go in front of the entity, you either will be scheduled for Intervention, receive a herbal supplement recommendation, be told to sit in current, be directed for crystal baths, or receive a combination of the above recommendations. Pay special attention to what is said to you at this time as this will set up the rest of your spiritual Journey with the Casa. Remember that your translator will not be able to remember what was said to everyone, so it is up to you to memorize what is said to you, even if you do not understand it completely. You will have an opportunity to request clarification at an orientation talk given immediately after you exit the current rooms from your first time visit with the entity. Please save your questions until you are outside. The volunteers in the current rooms are not allowed to talk to you.

6.8 Second Time Line.

If you have been in front of the entity at least once before in your life (In person or have gotten herbs from a photo visit) and you want to make further requests, this is the line you want to be in. Please get a 2nd time line ticket from the bookstore and wait in the main hall for the line to be called. When you are in front of the entity, please make sure you understand and remember what was said to you before you leave because the translator will probably not be able to remember what was said to everyone

6.9 The 8 O’Clock Line and The 2 O’Clock Line.

Sometimes the entity will ask you to: “come back this afternoon” or “come back at two” or “come back tomorrow morning” - this does not mean Intervention. It just means that the entity currently incorporated in the medium is not the one who is going to deal with your case and they are asking you to come back when the appropriate entity will be there to see you.

If the entity sends you for crystal baths then you will also go in these lines at the session immediately after you complete those baths, with the question “I had my crystal baths, what is my next step”. (This is only for those sent by the entity for crystal baths.)

When you come back for that session, you stand in the 2 o’clock line for the afternoon session or the 8 o’clock line for the morning session. These lines do not require a ticket. Also, if for example, it is Wednesday Morning and the entity asked you to come back tomorrow morning without further instruction, you are welcome to come back this afternoon and sit in the first (Medium’s) current room for the afternoon.

NOTE: On Wednesday mornings there is no 8 o’clock line, so for those who had crystal baths or otherwise are told to come back when in line the previous Friday afternoon then please go in the second time line.

6.10 Revision line.

This line is for revision after Intervention. On the 8th day (one full week) after your Intervention you will come to the revision line. (For example, if your Intervention was at 2 PM on Thursday, your revision is the following Thursday at 2 PM.) You will need a Revisão ticket from the bookstore for this line. When your line is called you will go before the entity for a revision of your Intervention and to see if you will require any treatment to complement it. This line is a process and no questions are presented in this line. If you travel before the 8th day you can join the revision line when you return to the casa next time.

6.11 The Good Bye line.

This line is intended for those who are leaving and just want an opportunity to say good bye to the entity. The line forms in the main halls ONLY on Friday afternoons. This is not a line to initiate new issues or ask questions. It is only to say good-bye, to ask for a blessing or perhaps get a signature on a book. If you need to present photos or discuss issues with the entity please do so at the second time line. Remember, you are only allowed to go before the entity once a day. So if you go to the second time line, you cannot also go to the good bye line.

6.12 Soup Line.

At the end of the morning session the Casa serves a bowl of soup to all participants. This is part of the treatment. Please go to the soup service area, enter and the line that will form there. People who have just received interventions should also partake of the soup. Soup is served on Wednesday Thursdays and Fridays between 9:30 AM and 12:30 PM

Chapter 7. Spiritual Intervention

7.1 What it means.

The entities have scheduled you for a spiritual Intervention because they see this as the best way to take care of your concerns. This could be Intervention to resolve a current physical ailment, Intervention to affect your energy in order to resolve a future health problem or Intervention to clear some spiritual issue that is affecting your life and your mission. Regardless, you are scheduled for an **invisible** intervention and here are some things you should know. These instructions apply equally if you take the opportunity to volunteer for an intervention.

7.2 How to prepare.

Although there are no specific rules to prepare for Intervention, you should be careful not to eat too much, do anything strenuous or be socializing too much. This is probably a good time to be introspective and review in your mind the things that you asked for help with. Take note of any feelings and images that come to you in relation to your issue. Try to arrive at the Casa in a tranquil state so you can facilitate concentration when it is time for Intervention. Do not wear a watch or anything tight around your waist. Please remove any straps across your heart and undo any knots in your clothing or hair. It is probably best not to bring a lot of items with you (Bags, backpacks, etc.). Remember to bring your room key and some money to buy Herbs and to cover your taxi back to the Pousada. You will also have a restriction on use of the eyes after the intervention, so please take care of any Internet or email communications you might need to do prior to the intervention session.

7.3 The Intervention line.

You will wait for some time in the main hall. This will be an excellent time to renew your prayers to God and the entities for help with your needs. Try to be quiet inwardly as well as outwardly until the Intervention line is called.

7.4 The Intervention.

After the Intervention line is called, you will be led into the room where the Intervention will take place. Sit down and find a comfortable posture. Close your eyes and place your right hand over your heart or over the physical ailment you are asking to be treated.. These instructions will be repeated in both Portuguese and English before the Intervention starts. You will be given a herbal supplement recommendation script when you go in for Intervention. Please refer to the section on herbal supplement recommendations for instructions on how to take the herbal supplements and the mandatory diets that is followed when taking them. During your Intervention you will sit silently for anywhere from ten to forty five minutes. While some of the room monitors direct your prayers, try to go inward and surrender to the process. Some people feel like they are being touched, others feel stitches, some feel heat and some may feel very emotional; some others feel nothing. All of this is normal and the differences will not affect the outcome of the Intervention.

7.5 After the Intervention is complete

You will be instructed to leave the room and you will be led to an area for a small talk about your Intervention and what to do. Please leave the intervention room in silence and in an orderly fashion. Please go to this orientation every time you have an intervention as the entity often varies some of the instructions for the days following your specific intervention session. Please pay close attention to what you are told. The fact that you felt nothing and you now feel energized does not mean you do not have major changes inside your body. You may feel euphoric because of the spiritual energy, but you should be very careful to follow the rules and treat yourself as if you had just come out of the operating room in a hospital.

7.6 Post Intervention Guidelines.

Rest, Rest, Rest and then Rest some more. Immediately after placing the below note in the basket and buying your prescribed intervention herbs, take a taxi back to your recovery room (Pousada) and rest for at 24 hours from the time your intervention ended. (More if you feel you need it.). After the 24 hours you may return to the casa but you cannot enter the current rooms for an additional 24 hours. So after an intervention it is 24 Hours to return to the casa and 48 to return to the current. Your energy field is very open after an intervention.

Do not lift anything heavy, do not stay in the sun, do not socialize. Go to bed and sleep. If you cannot sleep, then pretend to sleep. It is best to ask a friend to bring food to your room rather than going to eat and risking getting sidetracked into an interesting conversation for two hours. If you have no one to bring you your food, then pick you food up and take it back to your room to eat. Refrain from exercise or heavy lifting for one full week after the intervention.

NOTE : If you have a crystal bed scheduled during your rest period you are welcome to come to the casa and go back to your pousada right after

Please also note that the entity often gives alternate instructions for specific interventions. This information will be given you at the orientation after your intervention. Even if you are experienced you may want to stay for the orientation.

You cannot return to the line to see the entity until after your revision line. (See next section on The Revision Line)

If you would like to have soup after your intervention, you are welcome to get some. But be cautious. If you start to feel faint while waiting for soup you should leave the area and go back to your hotel. Or you can have someone fetch soup for you.

If you are traveling within a week after Intervention, do not lift your own bags, have your taxi driver put them in the cab, at the airport have them place your bags in a cart and have the airline staff or a friend place your bags on the conveyer. Remember to follow all the rules mentioned before. No exercise, heavy lifting or strenuous activities for one week after every intervention etc.

No sex for how many days? After you have had Intervention you should not have a rise in sexual energy for forty (40) days if it is your first Intervention and one week ("8 days") if you have ever previously had an Intervention at the Casa or at a John of God event. (If you have two interventions in a row, the forty days counts from the date of the first Intervention and you do not add more days.) This means no sexual stimulation of any kind. If your sexual energies rise, they will interfere with the subtle energies of the Intervention. This is serious. Please enlist the help of your mate to help you keep this rule. There have been many people who have had to rush back to Abadiânia because their condition worsened after they broke this rule. Any rise in Sexual energy is a very potent energy and it can affect the subtle processes that are taking place within you.

Put a Note in the Basket. There is a prayer basket inside the cabinets under the counter by the receptionist's office. Place a note in either of the slots and they will end up in one of the prayer baskets. The note should contain: Your full name, Your Date of Birth, the Address of where you will sleep on the night of your stitches removal (Or Pousada name if you will be in Abadiânia.), The date and time (AM or PM) of the intervention. This can be done when you arrive for your intervention or after you have had it.

7.7 Stitches Removal and Revision.

Your stitches are removed on the seventh night after your intervention (If you had Intervention on Wednesday, that is Tuesday night, if your Intervention was Friday, then it is on Thursday night.) Go to bed in white clothes no later than midnight and do not wake before five AM. When you go to bed, place a glass of blessed water by your bedside and ask Dom Inacio de Loyola to remove any spiritual stitches and complement your intervention. In the morning when you wake up say a prayer and drink the water. Do this whether you are in Abadiânia or not. If you are flying the night of you are supposed to have your stitch removal then do this the next night you sleep after you arrive.

If you are in Abadiânia, then come to the revision line the next day at the same session as the prior week's intervention; if you are not in Abadiânia, plan to go to the revision line prior to any other line when you come back to Abadiânia or at a John of God event overseas.

7.8 Special Interventions.

Interventions for the eyes.- If you have had an intervention for your eyes, visible or invisible, in addition to following the normal rules for interventions, please refrain from reading, writing, watching television or using your computer for one week.

Voluntary Interventions.- This intervention is the same as a normal spiritual intervention except that it was not the entity that assigned you to the intervention. In this case, you elected to have the intervention after an open invitation from the entity.

Chapter 8. Herbal Supplements

8.1 Passiflora.

The herbal supplements at the Casa are all composed of Passiflora (passion flower). These are the ground up leaves and flowers of the Passion fruit plant. The herb has no medicinal value. It's action may be equivalent to that of a cup of herbal tea. The power of the supplement is in the energy the entity has placed in your specific supplement. The herbs that were recommended for you are only for you and nobody else.

Where to get it and how to take it.- You may purchase the supplements at the pharmacy windows. You should open one vial first and take one pill three times a day. You should finish one vial before you open the next one.

If you have presented photos and received scripts for the people in the photos, do not mix them up. They are individual and specific.

8.2 Recommended Diet.

During the time you are taking the passiflora refrain from eating fertilized eggs, drinking alcohol or eating anything that contains pepper. (Black pepper, red pepper, white pepper, cayenne, chili peppers etc.) (Sweet bell peppers are OK)

Fertilized eggs: Cage raised eggs and eggs served at the pousadas in Abadiânia are not fertile..

If you receive more than one supplement recommendation, please see appendix F "What to do if I receive multiple recommendations."

Chapter 9. Other Important Topics

9.1 Blessed Water

Drink as much as you can while you are here. While you are visiting the Casa, drink as much blessed water as possible. This is part of your treatment and will enhance your process..

Take some home. When you leave, take some water with you. You can mix it with other drinking water at home and say a prayer so the water stretches and lasts you a long time.

Do not drink it from the bottle, pour it in a glass or cup. Do not refrigerate or heat your blessed water. Do not smell it or blow on it.

9.2 Soup

The soup is part of your spiritual treatment at the Casa. It is imbued with energy from the entities and it is intended to enhance your spiritual experience. The entity is always telling participants to make sure to partake from the soup as it is part of the treatment. As for its material composition, it is a lightly seasoned vegetable soup with noodles.

9.3 Crystal Beds (or Light Beds)

The crystal beds are another opportunity for you to work with the entities and allow them to help your healing. You can choose to do crystal bed sessions voluntarily or by recommendation from the entity. There is a small charge for the Crystal Bed Sessions and you schedule them at the bookstore. When you arrive at your scheduled time, you will be instructed to lie down on a small bed. It is recommended that you remove jewelry, eyeglasses, watches, any metal or any tight fitting garments such as belts. Suspended above you are seven pure quartz crystals with colored lights beaming through them. The crystals are pointed to your energy centers. You can now close your eyes and relax while listening to some nice music. The sessions are 20 minutes long and the entity may recommend one or more sessions for you. You may also take up to three sessions per day without the entity's direction. **MAKE SURE YOU TURN OFF YOUR MOBILE PHONES WHEN YOU ARE ANYWHERE AROUND THE CRYSTAL BED AREA**

9.4 The Waterfall

The sacred waterfall of the Casa is called the Cachoeira in Portuguese. The entities work with you during your time in this waterfall. Access to the waterfall is strictly by explicit permission from the entity or anyone the entity designates to give permission for the waterfall. Men and Women are to go separately and nobody is to go alone. Married couples can request special permission from the entity to go together. You should open the work by saying a prayer and invocation before you enter the waterfall and close it by saying a prayer of gratitude. If it is your first time you must go with an official Casa Guide on your first visit there. The guides are familiar with the waterfall and its procedures. There is to be no nudity, candles, incense, soap, photographic, video or audio equipment used at the waterfall. Please be respectful of the place. It is part of the Casa. Please do not take any mementos such as rocks, crystals or flowers from the

waterfall area. Please limit your time at the waterfall as there may be many people waiting to go in. There is a maximum of 1/2 minute under the water per person. When you go to the waterfall, please take the time to read the posted signs. And please maintain silence while you are waiting or your turn.

Note: You must wait 72 hours after a spiritual intervention to go to the waterfall and 8 days if you had a physical intervention.

When you return to the casa, please make sure you are wearing appropriate attire. Remember you are in a house of prayer not a beach club.

9.5 The Prayer Triangle

On the front wall in the main hall, on the back wall facing the garden and in the small chapel also in the garden you will find large wooden triangles. Many times the base of these triangles will be stuffed with notes and photographs. The triangle is a way to communicate your prayers and needs to the entities, or to ask for help or blessings for a loved one. You will see people placing notes or pictures and praying with their head in the triangle for a few minutes.

Feel free to do this any time (only when the stage is clear for the one in the main hall). We suggest you approach the triangle barefoot and take a moment to collect your thoughts before placing your note or picture. Then place your forehead in the middle of the triangle, begin your prayer and let go for a moment.

When you have finished, gather yourself again for a moment and go back to the rest of your day. Don't forget your shoes!

9.6 The Rosary

Every night at 7:00 PM (19:00) there is a rosary prayer meeting in the main hall. All are welcome to attend. For those who wish to strengthen their prayers, this is a wonderful place to practice.

9.7 Sunday prayers and singing

Every Sunday at 9:00 AM there is a prayer and singing gathering in the main hall. All are welcome to attend. This gathering is held mostly in English but we also sing and pray in other languages.

9.8 Photographs of Friends and loved ones

The entities are able to help people at a distance when they cannot come in person. The way to request this kind of help for someone is to bring the person's photograph and present it to the entity. In the back of the photograph you should write the name of the person along with their date of birth, address/location and the specific illness or issue they are requesting help with. If the person in the photograph is not willing or able to take passiflora supplement and follow the associated diet, then please place their picture in the prayer triangle for a blessing and assistance from the entities. It is wise to wait until your treatment is underway before presenting the photos. When you are ready to do so, stand in the **second time line** and present your photo(s).

The entity will examine each one and give you an Herbal Supplement Recommendation for the ones who require it. Make sure not to mix up the Herbal Supplements if you have more than one photograph. After the session you should purchase the Herbal Supplement and deliver it to each recipient as soon as you get home. If there is more than one person in the photograph and you only are asking for one person, place an arrow above their head on the photo. If the entity marks an X on someone's photo it means that this person needs to come to the Casa in person for an Intervention. The reason for this is known only to the entity. You can bring as many photos as you think you need, but remember that if you bring 36 photos and you get 36 Herbal Supplement Recommendations you may have to go home with 36 large bottles of capsules in your luggage and this may raise some eyebrows with customs inspection in your country.

9.9 The Bookshop.

The Casa bookshop sells crystals, books, blessed water, rosaries and other gift items you may want to take back with you. The crystals available at the bookshop are already blessed by the entity and are wonderful reminders of the Casa energy. If you would like an extra boost in your crystal you can take them with you into the current room. If you have brought your own crystal you can take it to the entity to have it blessed.

9.10 Donations.

The Casa accepts donations through the donation boxes in the main hall and coffee shop walls. None of the staff or volunteers are authorized to accept donations for the Casa. If you would like to make a substantial donation or you need a receipt for your donation, please contact the Casa Manager directly. He is the only person authorized to accept a donation for the Casa. You may also hand a donation to the entity. Special projects such as the soup kitchen are managed separately from the Casa and the person accountable for that project is authorized to receive donations for that project.

9.11 Healing, and other Energy Treatments.

Although other forms of energy treatments or healing disciplines can be useful in their own right, remember that in Abadiânia you are under the care of the entities and the use of any other healing discipline or energy work will interfere with your treatment. This includes and is not limited to Reiki and other energy channeling and manipulation modalities, psychic and tarot readings, laying of hands and any other form of energy work. The entities request that you not perform or receive any such treatments.

NOTE: Manipulation techniques performed by trained professionals, aimed at maintaining circulation and basic body function for people who are still in wheelchairs are considered part of medical treatment and therefore allowed.

9.12 Massage and Body Work.

Some Massage or Body Work practitioners are empowered by the entities to work in Abadiânia. If you would like more information on this please approach the Casa staff or the massage practitioner's shop.

If the entity prescribes a specific massage (By giving you a card) you should have the massage at the indicated shop during the week that it was prescribed. And certainly before the next time you see the entity.

9.13 Medical treatment.

If you are currently under the care of a physician, the Casa specifically instructs you to follow the instructions of your medical advisor. Your treatment at the Casa is not a replacement for, nor does it conflict with any medical treatment. Do not stop or alter any prescription or instruction from your doctor. If you are seeking help from the casa as a replacement for medical treatment, we advise you that it is not safe to do so. You should always have the help of a licensed medical professional to assist you in your medical choices. The casa will provide you only spiritual assistance.

9.14 Visitors in Wheelchairs.

The Casa is accessible to people in wheelchairs. Personal assistance for visitors in wheelchairs is available in Abadiânia through private individuals. The cost of these services is generally lower than the cost of bringing a caretaker along with you. There is no formal organized service. Please ask your pousada manager if they can help you arrange this kind of assistance.

9.15 Taking Photos and Video.

You are welcome to take pictures and video in the Casa grounds. Photographing in the main hall is only allowed when there are no sessions taking place and it is never allowed in the current rooms.. If you want a photo with the medium, you may try on Friday after the last session. If he is able and weather permits, the medium will often come out to take pictures with the participants. Please be respectful of his time and energy. Do not touch him unless he motions to you first and stay within your groups. Do not chase after him.

9.16 Children.

Children of all ages are welcome at the Casa de Dom Inacio. The Casa does not, however, offer any special facilities for the care of infants or children. You must make your own arrangements for childcare if you need it.

Children are welcome in the current rooms with their parent or guardian. Room monitors will make every effort to accommodate people with children.

If a child becomes highly disruptive to the process a room monitor may ask you to leave the room. This has been already authorized by the entities. If you are in the Medium's room, you may exit through the entrance door. If you are in the Entities' room, please go through the intervention room and sit to receive a spiritual pass before exiting.

If you wish to leave the room for any reason, raise your hand with your eyes remaining closed, and wait and please ask a room monitor for assistance. Once you are up, please open your eyes.

Chapter 10. Sons and Daughters of the Casa.

10.1 What does this mean?

The entity has recognized your spiritual connection to the Casa and it's mission and they are speaking a formal bond of love for you making you part of the Casa's Family. You are now a Medium of the Casa. From now on you will always be recognized and welcome here. This is your home.

10.3 What does this entitle me to?

Being a son/daughter of the Casa entitles you to sit in the Entities' room any time there is space available. You would enter with the Current line before the session starts. It also entitles you to begin your training as a medium.

This DOES NOT ENTITLE YOU TO:

- ✳ Heal anyone.
- ✳ Place your hands on anyone (Most especially other mediums.)
- ✳ Teach anyone
- ✳ Shortcut any of the Casa rules and protocols.
- ✳ Charge anyone for Spiritual procedures or healings.
- ✳ Anything other than what is specifically stated in the opening paragraph of this section.

As a medium of the Casa you are expected to :

- ✳ Act with Love, Humility and Compassion at all times, most especially at the Casa.
- ✳ Maintain silence in the Main hall and the current sessions while the work is going on. Please start your silence as soon as you enter the Main Hall and current rooms.
- ✳ Follow all the Casa procedures.
- ✳ Familiarize yourself with this guide and be diligent in getting updates from appropriate Casa staff so you can answer correctly when a new visitor asks you for help.
- ✳ Assist when needed and as requested by Casa staff.
- ✳ Be familiar with the Casa staff so you can direct someone to the appropriate persons.
- ✳ Respect Medium Joao's private time and limit your demands on his personal time

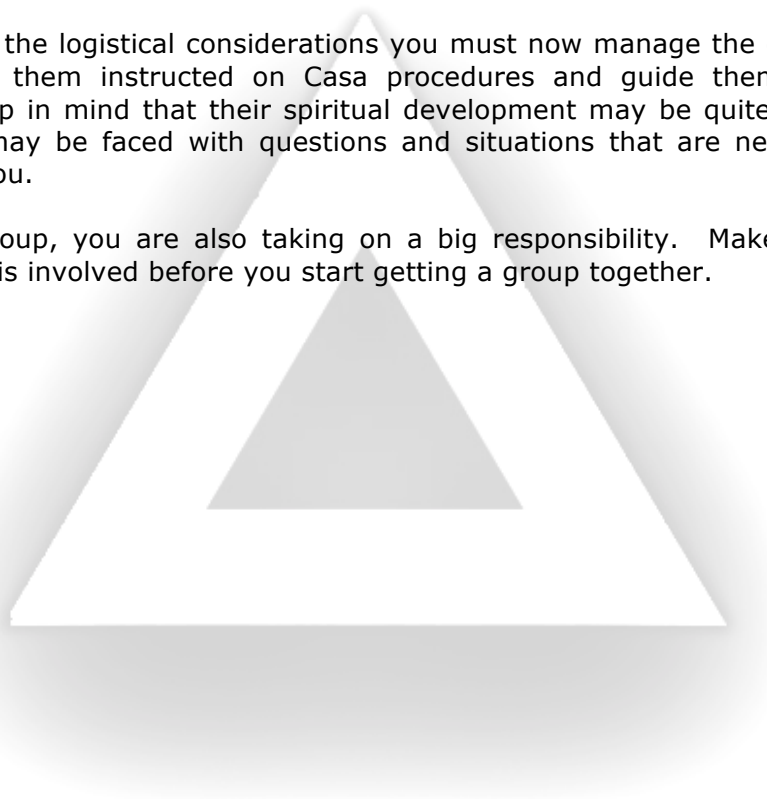
Chapter 11. Bringing others to the Casa

Let's say you have had a wonderful experience and you would like to bring others. If you are bringing a relative or just coming along with a friend you probably don't have much new planning to do, but if you are thinking of leading a group down here, you have a lot to think about.

First of all you must ask the entity for permission and support in bringing groups. (Not because you are not allowed to do it, but rather because you will probably need their help. You may be taking on more than you know.)

In addition to all the logistical considerations you must now manage the expectations of your group, get them instructed on Casa procedures and guide them through this experience. Keep in mind that their spiritual development may be quite different from yours and you may be faced with questions and situations that are new and may be challenging for you.

By bringing a group, you are also taking on a big responsibility. Make sure you are aware of all that is involved before you start getting a group together.



Appendices

Appendix A - Quick Start Guide For First Timers

1. ALWAYS FOLLOW YOUR DOCTOR'S ADVICE. TAKE ALL YOUR MEDICAL PRESCRIPTIONS. THE CASA DOES NOT GIVE MEDICAL TREATMENT ONLY SPIRITUAL ASSISTANCE.
2. Attend the introductory talk on Tuesdays at 5:00 PM (17:00).
3. Get to the Casa around 7:30 AM your first day.
4. Go to the bookstore and get your free ticket. If this is your first time here and you have not received supplements from the Casa before or been before the entity at an event, get a 1st time ticket. (Primeira Vez) If you have previously sent your photo or received herbal supplements or have been before the entity at an event then get a 2nd time line ticket (Segunda Vez) or if you had an intervention for which you have yet to have revision the get a Revisão ticket.
5. Go to the translation line. This line usually forms near the reception office. There get your issues, needs or requests translated to Portuguese and written down. Clarify any doubts you have with the translator. (If you are here with a group, your group leader may have done this for you already.)
6. Go to the main hall and wait for your line to be called. While here, maintain silence and a prayerful attitude and do not cross your arms or legs. You are welcome to sit or stand as you wish.
7. When your line is called, join the line and go into the room as directed. Please go to the end of the line and do get in laterally.
8. While standing in the line, stay silent and concentrate on your requests, issues or illness, As you approach the entity, silently signal a translator if he or she has not noticed you by subtly waving you translated note.
9. When it is your turn in front of the entity he may tell you what you need before you even have a chance to have your issue translated. This is normal. Make sure you understand clearly what is said to you and do not leave until you are clear on this. People may help clarify things later, but only you can remember what was specifically said to you. Remember there are hundreds of people before and after you.
10. If you are told to sit somewhere, follow the directions of the room monitors and sit where you are told. Close your eyes and keep them closed. Do not cross your arms or legs and concentrate with your eyes closed until the end of the session. At the end of the session you will be invited to have a small cup of blessed water.
11. When everyone gets up you can also get up and get a small cup of blessed water and then leave the room in silence. If it is the end of the morning session go to the soup line. If you have questions ask one of the volunteers or staff members outside the hall. Do not engage the room monitors as they are trying to close down the rooms for the afternoon.
12. When it is your turn, have the soup, which is part of your treatment and then go back to your room and rest, have lunch and get ready for the afternoon session.
13. THE CASA STRONGLY RECOMMENDS THAT YOU SPEND AS LITTLE TIME AS POSSIBLE IN IDLE CHIT CHAT. FEEL FREE TO ASK QUESTIONS AND GET THE ANSWERS YOU NEED, BUT TRY TO SPEND THE REST OF YOUR TIME FOCUSED ON WHAT YOU CAME HERE FOR. IT WILL MAKE A BIG DIFFERENCE.

14. Reading and becoming familiar with this entire guide should answer most of your questions.



Appendix B - I Am Scheduled For A Spiritual Intervention, What Do I Do Now?

1. Before coming to the session please take care of any urgent business such as emails requiring your attention for the next 24 hours. bring your room key and money for a taxi and supplements. (as of the writing of this guide that is R\$70. Please check and make sure that is still true at the time you read this.)
2. Arrive at the Casa at least 15 minutes before your scheduled intervention.
3. Wait in the main hall until the Intervention line is called - it is always the first line called.
4. Follow the line into the intervention room and sit where instructed.
5. Listen carefully to the instructions being given in Portuguese and English.
6. Revisions consistent with earlier revision when solved - You will be told to close your eyes and place your right hand over your heart or over the physical ailment you are asking to be treated. We suggest putting your hand over your heart to invite the entities to work on up to nine things at the same time.
7. During the Intervention, keep your eyes closed and concentrate on what you want healed. Stay calm and allow whatever happens to happen. Some people feel things, some don't, some see things, some don't. There is no set way you will perceive this. Simply allow the process to unfold and trust that what is happening is exactly what needs to happen.
8. When the process is complete you will be invited to stand up and exit the room. Please exit calmly and look for someone directing you to the post intervention talk. You will be given instructions on what to do next. Please listen to the talk after every intervention as variations in some of the directions often occur.

Appendix C - Post Intervention Instructions.

1. Treat this spiritual intervention as if you had just been operated on by a surgeon in a hospital. Although you have not undergone anything that resembles a medical procedure, the spirits have affected your body and internal organs and you will need time to rest and assimilate these changes.
2. Absolute rest away from the casa for 24 hours after your intervention.
3. After returning to the casa you must wait an additional 24 hours before joining the current.
4. Right after you leave your note and fill your herbs prescription, take a Taxi back to your pousada.
5. Take your herbal supplement when you get to your room. If you are unsure which supplement to take see appendix F: "What to do when you receive multiple supplements." (This direction varies slightly if you already had Casa herbs that day, as you should not take double doses.)
6. Lay down and sleep as much as possible.
7. It is OK to get up to eat or go to the bathroom if you feel up to it, but go back to bed immediately. Eat in your room, away from others.
8. Do not return to the main hall or current rooms for at least 24 Hours. (Two full sessions after your intervention. For example, if your intervention is Thursday morning then the first time you can return to the halls and current rooms is Friday afternoon. IMPORTANT: After each intervention please attend the orientation to find out if the time to be away from the Casa halls and current rooms is longer than 24 hours for that intervention. This often occurs on Wednesdays and Thursdays. It is recommended you do not even go to the Casa, but if you have a crystal bed scheduled, you can go to your crystal bed session and then return to your room. No exercise, biking, dancing, walking, sunbathing etc. for at least one week.
9. No waterfall visits for 72 hours after your intervention (and following the other portions of the waterfall protocols outlined in Appendix G. Then you must take a taxi to and from the waterfall parking area until one week after the intervention.
10. Do not engage in sexual activity for 40 days. (one week if this is not your first intervention.) That means any kind of rise in sexual energy with or without a partner.
11. Come back to the revision line in one week, same session same day. If you leave Abadiânia prior to that session then make your revision the next time you go before the entity in Abadiânia or at an event.
12. Leave a note for the entities in the prayer basket near the receptionist's desk. The note should have the following information:
 - a. Your Full Name
 - b. Your Date of Birth
 - c. The address of where you will sleep on the 7th night after your operation. (e.g. if your operation is Wednesday, you would put the address where you will be sleeping the next Tuesday night. etc) If you are staying in Abadiânia, the name of your Hotel is enough.
 - d. The date of your operation and specify if it is morning or afternoon.
13. IF YOU ARE LEAVING ABADIÂNIA after your intervention, do not carry your own bags. Get assistance with your bags throughout your journey. Ask the taxi driver to handle

them for you. At the airline counter, ask them to place your bags on the conveyer. On the seventh night do you stitch removal process. (If you are enroute in an aircraft then do the process the next time your are going to sleep after arrival at destination.

14. If you had an intervention for the eyes, no reading, email, TV or writing for one week.

15. Remember, you can only have one intervention per week.



Appendix D - Stitch Removal and Revision Instructions

1. Follow this procedure on the 7th night after your Intervention. (For example, If you had your intervention on Wed, the 7th night would be the next Tuesday night.)
2. Go to bed before midnight wearing white loose fitting clothes
3. Place a glass of blessed Casa water by your bedside. (*)
4. Say a prayer asking to Dom Inacio to remove any spiritual stitches.
5. Stay in bed at least until 5:00 AM. (If you must get up, go right back to bed.)
6. If you cannot sleep, keep your eyes closed and stay relaxed in bed.
7. In the morning upon awakening pray with gratitude, thanking Dom Inacio and the entities and drink the water
8. If you are in Abadiânia then go to the revision line at the same time and day as your Intervention. (If your Intervention was Thursday at 2:00 PM, your Revision is the next Thursday at 2:00PM)
9. If you have already left Abadiânia, next time you come back to the Casa or see the entity at an event go to the revision line when you first arrive.

Appendix E - What To Do With Supplement Recommendations

1. You can purchase your recommended supplement at the Casa Pharmacy located behind the bookshop. Will it be moved and if so should we leave out the "located" part?
2. If this is your first supplement course, take the first capsule right away and continue taking them three times a day until you exhaust your supply. Usually right before meals is a good time to take them. Never make up a dose - at least 4 hours between doses please.
3. You must follow a special diet along with the supplements. The diet consists of absolutely no eating fertilized eggs*, drinking alcohol or eating anything that contains pepper. (This includes black pepper, white pepper, chili pepper, cayenne pepper or any other spicy pepper or foods and sauces containing them. Sweet bell peppers are OK.)
4. Finish one vial of supplements before you open the next one.
5. Continue this process until you have taken the last capsule you have.

Appendix F - What To Do If You Receive Multiple Supplement Recommendations.

1. Supplements from Interventions always have priority and must be finished before you take any NON-intervention supplements.
2. Take your first course of intervention supplements until it is finished. Then you take the following course.
3. If you have finished taking all your intervention supplements than you can start with the NON-intervention supplements. Taking the course you received first until it is finished and only then starting the second course.
4. The only time you interrupt a course of supplements is if you are taking NON-intervention supplements and you receive a prescription for an intervention. In this case you interrupt the course of NON-intervention supplements you are taking and you start taking the intervention supplements. Once you finish the intervention supplements, then you can go back to the NON-intervention supplements.



Appendix G - The Waterfall

1. The waterfall is a sacred space of the Casa. The following rules are established by the entities to help maintain the waterfall as an active healing space. The waterfall is open from the time the Casa gates open until dusk
2. You must have specific written permission from the entity to go to the waterfall or go with someone who has extra written permissions to take people with them.
3. You must go with someone else.
4. Men and Women must go separately
5. If you have never been to the waterfall before, you must make your first visit with an official Casa Guide - this is to learn the protocols for the waterfall visits.
6. If you have had a spiritual intervention you must wait 72 hours before going to the waterfall. (8 Days if you have had a physical intervention.) Always go by taxi within 8 days after any intervention.
7. Observe silence while in the waterfall area.
8. No Cameras, Sound reproduction or recording equipment (CD's Cassette MP3 etc.), no Soap or other products of any kind, no candles or incense.
9. No offerings or altars of any kind in the waterfall area.
10. Do not remove anything from the waterfall area, this includes rocks, crystals, flowers or any other object.
11. Maintain silence while in the waterfall area.
12. Say a prayer at the beginning of your time at the waterfall and ask the entities to work on you.
13. Take a quick dip in the waterfall and then exit. No more than 1/2 minute under the water please. (Remember, others are waiting.)
14. Say a prayer of thanksgiving to close your visit to the waterfall.
15. Do not go to the waterfall in the dark or alone.
16. Please be respectful of others. Close the gate behind you when you go down to the waterfall and leave it open when you exit. This is the way to communicate to new arrivals if they can go down or not.
17. There are some cases in which the entity will give specific instructions that contradict some of these rules. This is very rare and only by spontaneous specific instruction from the entity. It is not something you can ask for.

Appendix H – Frequently Asked Questions

1. **If I had my first intervention during my first week and then another intervention the second week, how long do I have to abstain from sexual activity?** You only have to abstain for 40 days from the first intervention.
2. **If, for example, I had my first intervention 39 days ago, and I now have a second intervention, how long do I have to abstain from sexual activity?** You have to abstain for 8 days from your last intervention.
3. **Do the entities perform surgeries?** The Casa de Dom Inacio is not a medical facility and does not give medical treatment of any kind. The Casa is a spiritual center, where often healing occurs by the grace of God. These cures have sometimes been referred to as surgeries by the general public as a way to refer to the results obtained. This in no way represents what occurs or what is offered at the Casa de Dom Inacio..
4. **Should I stop taking my prescription medications while at the Casa?** No, the Casa is a spiritual center and does not have any authority to recommend you to stop or modify your medical treatment. Such decisions are for licensed medical professionals. The Casa experience is purely spiritual and will not interfere with any medical treatment your doctor may have recommended.
5. **Will the herbal supplement interfere with my medical prescriptions?** The supplement is composed of ground passiflora leaves (Plant of the Passion Flower). It has no medicinal value or contraindication. It will not interfere with any prescribed medication. Its effect is comparable to that of an herbal tea that relaxes you. .
6. **I cannot have peppers, but can I have Wasabi?** (It is not a pepper, after all.) Well, as far as we know nobody has specifically asked the entities about Wasabi. But given that it is very spicy and you are here for medical treatment not available anywhere else, do you think it is worth the risk? When in doubt, be prudent!
7. **Do I have to wear white underwear?** The entities and the Casa request that you wear white. These fine fashion distinctions are left to your judgment.
8. **Can I give my supplements to my wife?** These supplements are spiritually charged for you and only for you. The spiritual benefit you could receive from taking them is wasted if you give them to anyone else. And may not be appropriate for the other person ??
9. **Why must I pay for supplements?** Brazilian health legislation requires that any supplements intended for consumption be processed and packaged in a laboratory following pharmaceutical standards. This implies a cost that the Casa must cover. If you are not able to afford the supplements the entity recommended please approach the Casa administrator or director and they will make special arrangements for you.

10. **Why is there a sexual abstinence rule?** Sexual energy can be very potent and it can affect some of the subtle energies that are at work within you after you have had a spiritual intervention.
11. **Is there something that makes Blessed Water different from other bottled water?** If you are interested in looking at a scientific angle why the blessed water is good for you, read "Messages from Water – I & II" by M. Emoto. These studies demonstrate the effect of words or even thoughts on water, as it crystallizes into ice. If a written word wrapped around a vial can rearrange the water molecules in the vial I think we can safely assume that powerful prayer and spiritual energies can also do so, probably to a much higher degree. If you consider that our bodies are at least 70% water, it is obvious how we can be affected by consuming water that is blessed by the entities of the Casa.
12. **If I have already been to the entity before, but I am presenting photographs of people who have never been to the entity, do I stand in the first time line or the second time line?** You stand in the second time line.
13. **I passed by the Entity and he told me that he will visit me tonight.** The entity is talking about a spiritual visit that will take place while you sleep. It won't help to stay up waiting since nobody is going to knock on your door. It would be best if you went to sleep at a reasonable hour and got a good night's sleep. If you want, you can place a glass of Casa water by your bedside. Upon arising, say a prayer of thanks and drink the water. Sometimes the entity will specify that you should be awake until a certain time. In this case, it is best to stay in concentration or praying. Don't spend the time watching TV or playing games.
14. **The Entity said he was doing my work, what does that mean?** The entity is letting you know he is committed to do the spiritual work necessary to take care of your need/request. That is a commitment to do their part. Remember you must do your part too in order to get the result you want.
15. **The entity said he wants to see me this afternoon (Tomorrow), what do I do now?** You should return in the afternoon and go in with the two o'clock line. (eight o'clock line)
16. **When should I to go to the bye-bye line?** On your last Friday afternoon to say goodbye to the entity and perhaps ask him to bless any objects you purchased at the casa, including crystal triangles or any books. Do not bring questions or requests to the goodbye line. If you still have things to communicate to the entity on your last day you should write them down and place them in one of the prayer triangles. Tickets are not required for the bye-bye line.

Appendix H – Summary Of Major Changes Since The Last Version

1. **Rest Period after Intervention.** You must rest at your pousada for 24 hours from the end of your intervention and wait an additional 24 hours before you return to current.
2. **Water fall** - You must wait 72 hours after an intervention to go the waterfall
3. **Returning to See the Entity after Intervention.** After an Intervention you must wait until the revision line to see the entity.
4. **Intervention and Bye-Bye.** If you have an intervention on Wednesday or Thursday of your last week in Abadiânia you can go to the Bye-Bye line on Friday.
5. **Line Tickets.** Tickets for the lines are only distributed until 8:30 AM and 2:30 PM for the morning and afternoon sessions respectively. If you want to go to the line get your ticket at the bookstore before then.
6. **Entire Lines for Intervention.** If the entity orders your line to intervention, that is the answer to your request or issue and you should go to the intervention. Your line will not be called after this.
7. **Interventions by Invitation.** If the entity invites anyone in your line who wants an intervention to go in. You must choose if you want an intervention or not. If you do not, stay in the hall and the line will be called later to go before the entity.
8. **Order of Passiflora Prescriptions.** Passiflora prescriptions received in one of the lines, or by photo, must now be taken in the order they were prescribed.
9. **Soup** – You may now to stay for soup after an intervention. However, you must pay attention to your physical wellbeing. If you feel dizzy or experience nausea you should go to your hotel to rest.
10. **Mobile Phones and Cameras** – No mobile phones or cameras allowed in the main hall or the current rooms during casa activities.
11. **ONLY ONE TIME PER DAY IN FRONT OF THE ENTITY EVEN IF YOU HAVE NOT HAD AN INTERVENTION !!!!!**