

**2012 Winter on the Beach
Panama City Beach, Florida
Hosted by Gymnastics Plus
Men's Competition Schedule - Final**

Saturday, February 4, 2012

Session SA1 - Capitol Cup <i>USA Gymnastics Level 5</i>		Session SA2 - Capitol Cup <i>USA Gymnastics Level 6</i>	
ACE Gymnastics, Armory, Balcony, Gulf Coast, Gym Force, Gymnastics Plus, International Gold, North Florida - Jax, Trousdell, U.S. Gold, United, Universal		ACE Gymnastics, Armory, CATS, Gulf Coast, Gym Force, Gymnastics Plus, Harbor City, International Gold, Trousdell, U.S. Gold, United, Universal	
General Stretch	8:00 AM	General Stretch	11:30 AM
Introductions and March In	8:20 AM	Introductions and March In	11:50 AM
Competition	8:30 AM	Competition	12:00 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Session SA3 - Capitol Cup <i>USA Gymnastics Level 7 & 8</i>		Session SA3 - Capitol Cup <i>USA Gymnastics Level 9 & 10</i>	
ACE Gymnastics, CATS, Gulf Coast, Gym Force, Gymnastics Plus, Harbor City, Top Flight, Trousdell, United, Universal		ACE Gymnastics, Armory, CATS, Gulf Coast, Gym Force, Gymnastics Plus, Top Flight, Universal	
General Stretch	2:15 PM	General Stretch	5:00 PM
Introductions and March In	2:35 PM	Introductions and March In	5:30 PM
Competition	2:45 PM	Competition	5:40 PM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	

Sunday, February 5, 2012

Session SU1 - Capitol Cup <i>USA Gymnastics Level 4</i>		Session SU2 - Capitol Cup <i>USA Gymnastics Level 4</i>	
Balcony, Gym Force, International Gold, North Florida - Jax, United, Universal		Gulf Coast, Gymnastics Plus, Trousdell, U.S. Gold	
General Stretch	8:00 AM	General Stretch	10:30 AM
Introductions and March In	8:20 AM	Introductions and March In	10:50 AM
Competition	8:30 AM	Competition	11:00 AM
Individual and Team Awards to follow.		Individual and Team Awards to follow.	