

Marc Lammers (MLc) Summer Camp
Summer camp 2010



July 6 - 9, 2010

Location: Lehigh University,

Bethlehem, Pennsylvania, USA



Hosted by: Mystx FHC

Director: Tina Reinprecht

treinprecht@winningmood.com

Marc Lammers (MLc) summer camp for club and high school players

Five intense training days with top Dutch coaches and with serious fellow players from the area. Marc Lammers coaching will challenge you based on how the Dutch youth field hockey players train and are coached in Holland. Holland is the number one nation in the world and well known for their top youth training programs.

Marc Lammers, winner of Olympic gold with his team in Beijing 2008, has developed the MLc program, chosen his staff coaches and developed and implemented his technical-tactical concept in his training method. This training program has proven to be very successful in Europe over the past 5 years and now will be available at Lehigh University and is sponsored by Mystx FHC, Tina Reinprecht, director.

Marc Lammers coaching "The ultimate challenge"

The camp is open to individual players of any level but with a serious, concentrated mind of learning from the best Dutch coaches.

MLc is a innovative training method where video analyses, use of floats, tires and other materials are unique in field hockey training worldwide. In everything we do ball and stick are present, there is no training without ball and stick even in the physical training sessions. Training sessions will be intense and players will be asked questions in finding solutions for tactical problems that will be shown to them. Goalie training will be available.

Marc Lammers will run a coach clinic for coaches in the week after the camp week in the area.

Tentative daily schedule:

8:30 AM	registration
9:00-11:30 AM	morning session: Video evaluation of top games followed by training video's of the top teams of Holland. Then players should go to the field and train based on the shown video's. The training session will be videotaped and reviewed later in the training session.
11:30-1:00 PM	lunch
1:00-4:00 PM	afternoon session: Same procedure as in the morning.

Coach clinic

**July 17 a unique coach clinic will be run by Marc Lammers himself!!
For more information contact Tina Reinprecht our site director.**



Staff

Marc Lammers: program director

Education: Sport Academy in Arnhem, specialist Hockey A and B, F.I.H. Coach Grade One (1999) F.I.H. Master coach (2004)

As a player: Played 16 year in the first division of the Netherlands, European Champion with HC Den Bosch (1999) Five international caps for the Dutch hockey team (1996) Twenty two international caps indoor Dutch hockey team.

As a coach Three times Dutch Champion HC Den Bosch girls (U.18) Assistant coach of girls under 21 , World Champion 1997, National Head coach of Spain women (1998 – 2000) 4th on the Olympic games in Sydney, Australia, National Head coach of the Dutch women team (2000-2008) Winner of the European Championship 2003 Barcelona, Spain, Silver Olympic games 2004 Athens, Greece, Winner of the European Championship 2006 Belfast, Ireland
World Champion 2006, Gold Olympic games 2008 Beijing , China



Eric Verboom: technical director

Education: Sport Academy in Arnhem, specialist Hockey A and B. FIH Coach Grade One (2000) Master coach of Sports NOC/NSF, Arnhem (Papendal)

As a player: '94-'96 HC 's-Hertogenbosch , '97 HC Cernusco (Milano, Italy, seria A)

As a coach: '97-99 HC Bra (Torino, Italy, seria A)
Director KHC Dragons Antwerp, 2001-2005 coach Dutch National team U 18
2001- 2006 coach Dutch indoor team, 2001- 2004 Assistant-coach Nat team
2005-2008 Coach Dutch National team U23



Site director: Tina Reinpracht:

Director Mystx FHC, representative Winning Mood/ MLC.

Staff coaches: Tina Reinprecht

Sjef Hendriks,

Thijs Maartens,

Lucas Judge,

Tracey Arndt.

Team trip to Holland 2011.

In 2011 MLC organizes "tailor made " team trips to Holland. A unique opportunity to train and play in a Dutch club environment and "see" Holland in his uniqueness.

For more information contact us at : info@winningmood.com

MARC LAMMERS COACHING

Supported by Winning Mood

www.winningmood.com/fieldhockey

Camp registrations need to be send to:

Tina Reinprecht,
131 Griffith Court,
Perkasie, Pa 18944.

Camp prices:

Mystx FHC players \$ 345

Non-Mystx players \$ 375

Camp Location:

Lehigh University
Ulrich Sports complex,
Bethlehem, PA 18015



Marc Lammers and the Dutch women National team winning the Gold Medal at the Olympics of 2008 in Beijing



MARC LAMMERS COACHING

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Registration

Name:..... Street address:.....
City/State/Zip:..... Home phone()..... Birthday

E-mail address:

Position(s) played: High School:

Coaches name: phone

Grade:

T-shirt (circle one) YL S M L XL

Camp: MLC summer camp, July 6-9, 2010. Mystx player non mystx player

MUST BE COMPLETED BY PARENT/GUARDIAN

Medical insurance information

Company name..... Policy No.

I approve my child's attendance at the MLC field hockey camp and certify that she is in good health. If medical attention is required for illness or injury during the camp. I grant my permission for such care to be rendered. I hereby recognize and understand that the Marc Lammers coaching(MLC) camp(Winning Mood), Mystx FHC, director Tina Reinprecht and the coaching staff are not responsible for any injury of any kind that may occur on the way, during or on the way home from any camp sessions..

AUTHORIZATION FOR EMERGENCY SERVICE

I do hereby voluntarily consent the examination and A. emergency service treatment including the administration of such drugs, infusion and transfusion of blood or blood components deemed necessary in the judgment of the physician(s)(and whomever may be delegated as assistants) of the medical staff of the Hospital used for emergency. B. I certify that I have read and fully understand the consent given herein. I also certify that no guarantee or assurance has been made as to the results that may be obtained.

The undersigned intends to be legally bound hereby.

Note any limitation on the foregoing

..... or if none

Date authorized signature relationship

Information and registration:

Medical care and Insurance:

Illness or injury requiring medical treatment, hospitalization and /or surgery will be referred to the nearby hospital.

For this reason, the parent or guardian of each camper must sign the camp and registration form, granting permission to administer appropriate medical attention if necessary. MLC does not provide medical insurance for young people attending its summer camp.

Should hospitalization and/or care of a physician be needed, the camper must use his or her medical insurance plan for the payment of the medical services. All campers must have insurance to attend the camp

Camp Rules:

Campers are expected to attend all scheduled sessions and to heed camp rules. Specifically, smoking tobacco, possession or consumption of illegal drugs and the use of alcoholic beverages are strictly forbidden. Flagrant misconduct will subject the camper to immediate dismissal without refund of camp fees.

Hazings and initiations will not be tolerated in camp.

Location:

Marc Lammers coaching summer camp 2010 is located at:

Lehigh University, Ulrich Sports Complex, Bethlehem, PA 18015

Registration:

Please report to the camp at Lehigh University, Ulrich field between 8.30am and 9am on 6 July. The first session starts promptly at 9am.

PRICES:

\$345 for Mystx FHC members, \$375 for non-members.

Payments:

Full payment is due within 10 days after sign-up .

A LIMITED NUMBER OF CAMPERS CAN ATTEND THESE CAMPS, SO FIRST COME FIRST SERVE.

Mail your check or credit card details together with your registration form to:

Event hockey/Mystx FHC

131 Griffith Court

Perkasie, PA 18944

For further information contact us by email at info@winningmood.com or at: **267.467.4392**.

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