

The Light

October 19, 2011

Called to Serve Pastoral Care for the First Lutheran Family

Dear Members and Friends of First Lutheran,
On behalf of the pastors at First Lutheran, let me say that we share a commitment to provide excellent pastoral care and support to you in times of need. We have made a mutual commitment as pastors to be available for prayer, encouragement, and consolation.

Hospital Visitation

Each day a pastor or lay visitor will go to the hospital to see members and friends in the hospital. Because privacy laws limit what information hospitals can share, it is important for you to help us. When you enter the hospital, please be sure to say you are from First Lutheran, and have someone call the church, so a pastor or lay visitor can visit and offer prayer

Prayer before Surgery

Also, as pastors we are available to support you in prayer before surgery. You can contact the church about an upcoming surgery. Whenever possible, a pastor will seek to be present with you at the hospital before surgery to provide prayer and encouragement.

On Call

Each day, a pastor will be designated to be on call for emergencies and special needs. When on call, that pastor will be available for pre-surgery visits or be available to respond to special requests. Simply call the front desk, and the receptionist will direct the call. Even when you must leave a message, our goal will be to respond as soon as possible.

Funerals and Weddings

You may choose to work with any of the pastors at First Lutheran Church. If there is no preference, we will work together as pastors to determine who can best serve you as a family at these important times.

We all Work Together

As pastors, we work together. We understand that you may have a preference to speak to a particular pastor, and that is just fine. We work as colleagues in serving God's one mission. We



also believe that the work of prayer and encouragement is something the whole body of Christ does. The lay ministries of visitation, prayer, and support at First Lutheran Church are an important ways we participate in and receive the work of God. God works grace through all members.

I am glad to work with such fine colleagues as Pr. Craig Brown, and Pr. Kay Slocum. I feel privileged to serve with you, people of God at First Lutheran Church, in our shared witness to the healing work of God.

Pr. Steven Knudson

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Centered in Christ, we are Called, Gathered, Transformed, and Sent!

First Lutheran Youth (FLY) Gathering Fundraiser October 22-23 & 29-30



The 18 youth and adults signed up to attend the 2012 ELCA National Youth Gathering in New Orleans next July will join 36,000 other Lutheran youth and adults as we seek to serve our neighbors under the theme citizens with the saints. The focus of the five day event will be on practicing

discipleship, practicing peacemaking, and practicing justice. We will join others in serving the city of New Orleans and find out how we can best serve those in our own cities, towns, and states as the Body of Christ.

There will be nationally known speakers and bands for our corporate worship, fellowship with Lutheran youth from around the nation, and experiences that they will never forget and which will shape their faith.

All participants are required to pay a \$150 non-refundable deposit. The total cost per person of registration, housing, and travel is around \$700.

We ask for your prayers for this group and all who will go to the Gathering and we also ask for your financial support. The

Invest in FLY Inc.

first opportunity to invest in this group will be Oct. 22-23 and Oct. 29-30 when we will be holding a FLY stock sale.

Here is the premise. The group going to New Orleans is a "company". Our company is selling stock to raise funds to go to the National Gathering in New Orleans. People can buy a share in our company for \$1. They get a stock certificate and are asked to pray for one of the students or adults who are going to the Gathering. In return they will be invited to a special stockholders dinner, hosted by the students, prior to the report on the trip presented by the group to the whole congregation. Stockholders also get certain dividends as they buy more stock (the level of these dividends and their content can be negotiated).

For example:

- 10 shares entitles you to a contact from one of the youth, from the event
- 20 shares entitles you to the contact, plus a group picture
- 40 shares entitles you to a contact, picture, and a souvenir (we did a dvd last time)
- 75 shares entitles you to a contact, picture, souvenir, and group shirt.

Stock will be sold at all services on the weekends of October 22-23 and 29-30. We appreciate your support.

Bridge Marathon

* CHANGE OF DATE *

The Bridge Players have changed the date for their October get together. Mark your calendars for the new date, Sunday, October 23 at 1:30 p.m. in the Garden Room at Blair House.

Please call Barb and Bob Dietz at 362-7352 if you would like to be a part of the group this month!

"Choral Americana" program Cedar Rapids Concert Chorale



The Concert Chorale presents a "Choral Americana" program of sacred and secular music, Saturday, October 29, 7:30 p.m. here at First Lutheran. The program includes music of one of the earliest American composers, William

Billings, as well as more recent works by Stephen Foster, Randall Thompson and Aaron Copland.

Advance tickets are available. Please visit our website at www.crchorale.org or email us at crconcertchorale@gmail.com.

Tickets prices are: Adults \$12 (\$14 at the door), Seniors \$10 (\$12 at the door), and Students (Age 10+) \$10 (\$12 at the door).

Keenager's Luncheon

Our Senior Adult Ministry Team invites members and friends age 60 and older to join them for the next Keenager's Luncheon on Thursday, November 10, at 12 noon. Reservations or cancellations for the \$5 lunch are required by 11 a.m. on Wednesday before each Thursday luncheon. Rides are available.

Next month we will be hearing from Gary & Linda Hinzman about their experience of traveling to see the Oberammergau Passion Play in Germany. Our menu will be a Thanksgiving feast of turkey, dressing, mashed potatoes & gravy, cranberry salad, and pumpkin bars.

Adult Education

Part of our Down and Out series.

Down and Out. In his first sermon at First Lutheran, Senior Pastor Steve Knudson called us to think about how we respond to God's immeasurable Grace to us; that in coming Down to us in Christ, God has called us to go Out into the world to serve others.



In response to that call from Pastor Steve, we will have an ongoing series of Adult Education opportunities under the heading of Down and Out. These opportunities will include hearing from agencies and institutions about the challenges in our own city and neighborhood. They will include classes on why we Go out to serve, how to incorporate that into our daily lives, and what that might mean for us as a congregation. In this way, we hope that we will learn better how to be ...Down and Out.

Hunger in America, Iowa, and Cedar Rapids

Sunday, October 30; 9:30 & 10:45 a.m. in the Chapel

Led by First Lutheran member and Linn Community Food Bank Volunteer, Dave DeWolf.

If you would like to find out more about hunger in America and in the downtown Cedar Rapids area in particular, please join us for this Adult Education presentation by FLC member Dave DeWolf, who has been a long-time volunteer at the Linn Community Food Bank.

Food Bank Collections

We have parked a grocery cart in the narthex as a place to continually collect food and other items for the Mission of Hope and Crossroads Mission Food Banks.

This is a great opportunity to take advantage of weekly sales at our local grocery stores. While a list of most needed items can be picked up from the Information Desk; any kind of non-perishable food item would be appreciated. Don't forget about toilet paper and even dog and cat food!



Ladies' Night Out

We'll gather on Monday, October 24 at Smuggler's Wharf in Czech Village at 6:00 p.m. Please contact Lori Nietert at 373-1412 if you are able to attend.

This group is open to all ladies of the church—if you've never joined us you are cordially invited to come and check us out!

Trunk-or-Treat is back!



This year we'll be holding our event at St. Paul's UMC (1340 3rd Ave SE). So put on your best costume (**absolutely no masks, please!**), grab your biggest and best candy bag, and we'll see you there!

Each year our volunteers make this event a hauntingly-HUGE success! *Confirmation students: get credit for volunteering at this event!*

If you would like to donate candy for this event, please feel free to drop it off at the church office. If you would like to decorate your trunk—be sure to add your name to the sign-up sheet on the Children and Youth bulletin board in the Narthex. See you ghouls and goblins there!

Information for Volunteers:

Trunk-decorators: please ensure that the decorations you choose for your trunk are appropriate for young children.

Scary/horror themes and "surprises" can be extremely frightening for young children and that's not what we want at this event. You should arrive at the parking lot at St. Paul's no later than 2:30 p.m. to be placed in a spot and to get set-up

Set-Up & Clean-Up: Set-up will occur between 2-3 p.m.

Please meet in the parking lot at 2 p.m. for instructions. Clean-up will begin promptly at 4 p.m. Please check in at the hospitality table at 4 p.m. for instructions.

Candy Donations: EVERYONE is welcome to donate candy. Simply drop off your donation at the church office Monday-Friday, or at the Welcome Desk in the Narthex on the weekends!

Family Advent Night Sunday, November 20, 5-7 p.m.

The retail stores have already beat us to the Christmas-punch, but we're not going to rush! The folks at Westminster Presbyterian and St. Paul's United Methodist will be joining us for an event that's sure to get you in the mood for... Advent! We'll meet here in the LFC, start out with a yummy pizza dinner from Tomaso's, then enjoy Advent Wreath-making and other crafts to get us in an Advent-y mood! Dinner is a free-will donation. We hope you'll join us for this family-friendly event!

Parents' Day Out

Just in time for your holiday shopping or when you need a break from it, Parents' Day Out is back! On Saturday, December 10 from 9 a.m. until 1 p.m. you may bring your child(ren) to church at 9 a.m. and then you are free to do some holiday shopping, go on a date with your spouse, see a movie with friends, or just relax with the newspaper and a cup of coffee child-free for four hours!

We'll be having fun playing games, making holiday crafts, eating a pizza lunch and seeing a holiday movie! Register early either by emailing or calling Marissa at the church office (365-1494), or by signing up on the Children and Family page of the FLC website. Registrations are due on Sunday, December 4. There is also a suggested donation of \$10/child for this event.

IT'S TIME TO PLAN FOR THE

Children's Christmas Program

It is the time of year to begin preparations for the holiday season! The Children and Family Ministries department will once again be bringing you a children's Christmas program!

The Children's Christmas Program, *The Music of Christmas* will be presented on Sunday, December 18 at 3:30 p.m.. As most of the rehearsals for this program will be taking place during the Preschool Sunday School and KidZone worship times, all children who participate in these Sunday morning programs are welcome and invited to participate in the Christmas program.

There are several opportunities for small speaking parts that are open to all students in every grade level. If your student is interested in any of these parts, please call or email me at the church office (365-1494 x.115, marissal@firstlutheranocr.org), or sign-up on the Children and Family Ministry page of the church's website. An extra, required rehearsal for all participants will be on Saturday, December 17, 9-10:30 a.m.

On the day of the performance, children in K-4th grades are encouraged to wear holiday-inspired clothing or their church clothes, as we will not be providing costumes of any kind; 5th grade students with character lines will be costumed, but should still wear appropriate clothing underneath.



GO DEEPER

9:30-10:30 a.m. in the Youth Room.

Faith..... Explored!

re:form

Going Deeper is going to keep talking about the re:form videos, focusing on what Discipleship means:

- Can someone lose their salvation?
- Can I be a Christian without going to church?
- Why should I follow Jesus; can't I just say I believe in him?

We hope you come join the conversation; (even if that sorta throws out the second question.)

FLY Lock-in



Friday, Nov. 11 -
Saturday, Nov. 12 in the
Youth Room (and beyond) -

Who: All High School Youth

When: 7:00 p.m.- 7:00 a.m.

Where: The Youth Room

What: We will focus on both issues of Justice in our city as well as our own Joys. Have you taken time recently to think about all that you can be thankful for? Have you thought about how those gifts can help you better serve others? We'll learn about some of the needs in our community, make some cookies to take to one of our homeless shelters, and we'll express our thankfulness for what we have. Along the way, we'll enjoy some good company, maybe a Spoons tournament, and end our time with Bacon Log!

Cost: Bring a snack to share.

Interested: Sign up to participate in the narthex or e-mail Brian at brianm@firstlutherancr.org or let him know through our Facebook page; "First Lutheran Youth- FLY, Cedar Rapids, IA."

2012 ELCA National

Youth Gathering

We have
our group!



FLY

First Lutheran Church
Gathering 2012

We have 18 youth and adults registered to go to New Orleans next summer!

In the months to come we will be introducing this group to you as well as telling you a bit about what we will be doing, both in preparation for the trip as well as while we are there. You can also check out information on the group on our website.

Mostly, we ask for your prayers and your support as you are able when we hold our fund-raisers.



Trunk-or-Treat

Sunday, October 30 2:30-4 p.m. at St. Paul's United Methodist (just up Third Ave from us).

All High School Youth are asked to come and help spread some All Hallow's Eve cheer to the Wellington Heights Neighborhood kids.

We'll be decorating Brian Middleswarth's trunk with Fly Swatters and everyone is invited to wear a "FLY-ing" creatures costume. Interested? Check out our Facebook page or e-mail Brian at brianm@firstlutherancr.org



Camp EWALU Dirty Feet Retreat

October 14-16



Take a beautiful Fall weekend, add 42 First Lutheran middle schoolers, almost 50 other middle schoolers from around the state, and Camp EWALU, shake and you get a great weekend filled with fun, fellowship and some surprisingly deep faith conversations.

Throughout the weekend these youth explored God's grace for us as expressed in the theme verse from Ephesians 2:8-9 "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God – not the result of works, so that no one may boast."

Many thanks to all of our adult chaperons who gave up their weekend to be with our youth and to the congregation, who's generosity in supporting our camperships helped to make this trip possible.



Having a good time!
What is the proper way to give two thumbs up while hanging upside down on a zip-line?

Confirmation Sunday

November 6 during the 11 a.m. service. Rehearsal is on Saturday, November 5 with breakfast at 8 a.m., pictures at 8:45, and our rehearsal starting at 9 a.m.

One of our biggest groups to attend the Dirty Feet Retreat made up almost half of the kids at Camp EWALU for the weekend!

Jefferson Exchange Student Needs a Home

Usman Ghani has come to Cedar Rapids to study at Jefferson High School for the 2011-2012 school year. While he has been staying with a "welcoming family" the exchange program is seeking a permanent placement for the remainder of the school year; through the first week of June.



Usman is 15, turning 16 in December, but is already studying as a Junior. He is diligent student, speaks excellent English, is getting great grades and is even taking some advanced placement courses. He is extremely polite and well-mannered and has adjusted well to the American culture. He loves playing chess or other board games, taking walks in the park or neighborhood and watching movies.

He receives \$125/month per diem to cover his needs. The only requirement for the family is to provide breakfast and dinner, a bathroom and a bed. He can share a room with a same-sex host sibling. If you might be willing to open your home to this student or have questions, please contact Tina Schoner at (319) 721-1869.

The spiritual art of Cocooning

The LORD your God is with you,
He is mighty to save.
He will take great delight in you,
He will quiet you with his love,
He will rejoice over you with singing.

– Zephaniah 3:17

Into every life there comes opportunities for new life—opportunities to move away from our busy, scattered, exhausted and hurting lives to experience a great love affair with God. This desire for a different sort of life doesn't appear out of thin air. The longing for something more, no matter how weak or shaky it is, is evidence that God is already at work in your life. You wouldn't want more of God if the Holy Spirit wasn't first seeking you!

Sue Monk Kidd in her book *When the Heart Waits* talks about the “spiritual art of cocooning”. The Greek word for soul is psyche, and is often symbolized as a butterfly. Both the soul and the butterfly are metamorphosed. In creating a sacred cocoon, and deliberately placing ourselves before God in prayer, God can cause a metamorphosis to occur in our lives—we can be changed.

Sue Monk Kidd relates a story about a child who found a cocoon. Wishing to set the creature inside free, he took his pocket knife and pried an opening at the bottom of the chrysalis, making it possible for the butterfly to wriggle free. But when the creature unfurled its wings, it couldn't fly. With the butterfly's waiting cut short, its wings were hopelessly unformed. This is an important reminder for us that the process of waiting...of spending time in our sacred cocoon...of listening for God and allowing our lives to be transformed cannot be rushed. God will let us know when it's time to unfold our wings!



Trina Paulus' book *Hope for the Flowers* is a story of how two caterpillars, Stripe and Yellow, become butterflies. Yellow had seen another caterpillar spinning a cocoon and asked, “If I decide to become a butterfly...what do I do?” “Watch me,” came the reply. “I'm making a cocoon. It looks like I'm hiding, I know, but a cocoon is no escape. It's an in-between house where the change takes place...During the change, it will seem...that nothing is happening, but the butterfly is already becoming. It just takes time.” Yellow had been afraid, but she took the risk and spun her own cocoon, later to emerge and unfold her wings.

One day, while I was reading in the Gospels, it occurred to me that when important times of transition came for Jesus, he entered enclosures of waiting—the wilderness, a garden, the tomb. Jesus' life was a balanced rhythm of waiting on God and expressing the fruits of that waiting.

–Sue Monk Kidd

If you are sensing a new or renewed desire for God and are feeling drawn into stillness, solitude, or silence, if this feels like a time in your life when you are ready to pull away from the busyness that our culture is constantly pulling us into, if you are ready for a more balanced rhythm of waiting on God and expressing the fruits of that waiting in your daily life,

and would like to walk that journey accompanied by a trained spiritual director, First Lutheran Church offers individual spiritual direction at no cost to you.

Call Marcie Watson, spiritual director, at (319) 365-1494, extension 280 or email her at marciew@firstlutherancr.org to set up a convenient time and location to meet. Individual spiritual direction sessions are usually scheduled once a month for an hour.

What Should Groups Be Aiming For?

Biblical Examples of What a Small Group Does

Continued from 09.2011

FOCUS ON:
{ Cultivate : Discipleship }

FLC's Discipleship Covenant states that,

"With my life joyfully claimed by God and the gift of Holy Baptism, in unity with the mission, vision and values of First Lutheran Church, I commit myself, through the power of the Holy Spirit to:

Cultivate my life with spiritual practices that God uses to grow my faith toward maturity. I support others as they also grow into the fullness of Christ.

But, how does this apply to small groups? In Acts 2:42 (NIV), it says, "They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer." What specifically can small groups do to focus on cultivating a relationship with Christ?

- One night during your group meeting, select a passage of Scripture—or simply turn to Psalm 1. Then let everyone sit quietly for twenty minutes to meditate on those verses. Explain to group members that they need only to read the passage slowly and prayerfully, making observations, asking what it reveals about God, and listening for what he might want to be teaching them right now. Group members may not find this exercise very easy. Acknowledge that fact, but encourage them to sit quietly with the passage and the Lord

Connection Corner

Small Groups News & Upcoming Events



for the entire twenty minutes. Come back together and talk not only about the passage but also about the experience.

- Have group members talk about their spiritual journey. Ask them to highlight the defining moments or turning points along the path. You might plan to hear from one or two members each week for a month. This exercise doesn't need to be rushed – it is a great exercise to help group members get to know and understand one another better.
- Read 1 Thessalonians 2:7-12 and discuss the similarities between parenting and discipling. Ask the group, "Who, if anyone, has been like a spiritual parent to you? Describe the impact of that person on your life and faith." You can also take this a step further and discuss how members can be a spiritual parent to someone else. Have members identify a specific person and a concrete first step to take toward beginning this relationship.

Watch for the next article, which will continue to break down and give specific examples for groups. As always, please feel free to contact me (Lindsey Scheibe) with any questions (lindseys@firstlutherancr.org or 365-1494 x.114) you may have about small groups. The Small Group Ministry Team and I would love to help you get involved!

Pop Culture Parenting & Fall Family Festival



St. Paul's Lutheran Church in Marion is bringing in Nationally-known author and speaker Dr. Mary Manz Simon as part of their Fall Family Festival on Saturday, October 29. The free presentation of Dr. Simon will be entitled "Pop Culture Parenting" and will look at the implications of technology, entertainment, media & other trends that impact the family today. "Parents today don't have the built-in support systems of previous generations," she says. "That's why it's so important to find peer parents who share your values, veteran parents who can help you look down the road, and experts who can help you can see how everything fits together."

The Fall Family Festival runs 6 - 8 p.m., while Dr. Simon's presentation will take place 6:45 - 7:30 p.m. There will be crafts and activities for kids, as well as childcare for parents attending the presentation. For details on the event, please contact St. Paul's Lutheran at 377-4687, or visit their website at mystpauls.org.

Dr. Mary Manz Simon combines her training as an early childhood educator, insights as a corporate consultant and children's market analyst, and experiences as a mother and grandmother, to provide a platform of practical advice for parents and educators. Under the umbrella of practical parenting advice, her books have sold more than two million copies, her daily radio program is heard on 200+ stations, and her magazine articles and national convention presentations reach thousands more each year. You can find out more about her and her work at marymanzsimon.com.

Weekly Activities Schedule

Worship Services

Saturday: 5:00 Traditional
 Sunday: 8:00 & 9:30 Traditional
 Sunday: 11:00 Contemporary

Education

Adult Education: 9:30 & 10:45,
 Chapel
 KidZone: 9:30 LFC
 High School 9:30, YR

Sunday

10:30 am Praise & Joy Reh,
 CR,Nave
 6:00 pm FPU, LFC
 (FPU ends 11/20)

Monday

1:00 pm Renovaré, Chapel
 5:30 pm Renovaré, Chapel
 6:00 pm Luther Bells, 316
 7:00 pm Rhapsody Ringers, 316

Tuesday

9:30 am Staff Meeting, Chapel

Wednesday

4:15 pm Cherub Choir, CR
 4:45 pm MS Handbells, 316
 5:00 pm Chapel Choir, CR
 5:15 pm Youth Choir, Bal
 5:30 pm HS Handbells, 316
 6:30 pm Confirm. Nave, Chapel,
 312, Classrooms
 6:30 pm Jubellation, 316
 7:00 pm Adult Choir, CR
 8:15 pm Cont. Singers, Balcony

Thursday

6:45 am Men's Breakfast, LFC
 10:00 am Bible Study, Chapel
 10:00 am Renovaré, Youth Room
 1:00 pm Renovaré, Youth Room
 5:15 pm Praise&Joy Reh, CR
 6:15 pm Praise & Joy Reh, Nave


Friday

1-4 pm Radio Recording

Saturday

4:30 pm SEMP, LFC

NOVEMBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 6:10pm - Spiritual Direction, Chapel & Libraries	2 6:30pm - Men's Bible Study, YR	3	4 5pm - Wedding Rehearsal, Nave	5 8am - Confirmation Breakfast and rehearsal 10:30am - Community Concerns, Chapel 3pm - Wedding, Nave
6 FALL BACK 11am - Affirmation of Baptism	7	8 Election Day 9:30am- Comfort Makers, LFC 5pm - Evening Comfort Makers, LFC 6:30pm - Stephen Ministers	9 Newsletter Deadline 10am - Senior Adult MT, Chapel 6:30pm - Men's Bible Study, YR	10 Noon: Keenagers, LFC	11	12 Baptisms
				High School Lock In		
13 Baptisms Blood Pressure Checks	14	15	16 6:30pm - Men's Bible Study, YR	17 9:30 am - Comfort Makers, LFC 5pm - Evening Comfort Makers, LFC	18	19
20 4pm - FPU Grad. School 5pm - FPU Potluck, YR 5-7pm - Family Advent Night, LFC	21	22 7pm - Congregation Council, Chapel 6:30pm - Stephen Min., Chapel	23 Mission of Hope Meal No Choirs No Confirmation Building Closed at 5pm	24 Thanksgiving Day	25 Building Closed	26 Healing Service
27 Healing Service No Pre School SS or Kidzone	28	29 6pm - Grp. Spiritual Directors, 209	30 Noon, Lunch in the Loft 6pm- Advent Service, Nave			

Activities Outside First Lutheran

2nd & 4th Wednesdays 10:00-Noon Mom's Group Playgroup/Discussion Off site locations, unless inclement weather, then Nursery.

Fourth Friday: 11:30 Deacon's Ministry Team, Panera West

Last Monday of the Month: Ladies Night Out: Various Locations
 Contact Lori Nietert 373-1412

Care Center Worship Services

Cottage Grove Place	1st Friday	4:00 pm
The Meadows Apartments	2nd Saturday	1:00 pm
Living Center West	2nd Sunday	2:00 pm
Higley Mansion	3rd Sunday	10:30 am
Living Center East	4th Sunday	3:00 pm

November Ministry Volunteers

	Nov 5, 5:00 PM	Nov 6, 8 :00 AM	Nov 6, 9:30 AM	Nov 6, 11:00 AM Confirmation
Acolyte			Kendall Erenberger Erik Pauls	Bailey Rud
Altar Guild	Rose Ann Jensen, Jean Kvach, Mary Van Houten, Lisa Williams			
Choirs		Chapel Choir	Contemporary Singer	Jubellation
Coffee Host			James Mator Linda Feddersen Lon Feddersen	
Communion Assistant		Ryan Koester Jim Gruettner Connie Kennedy	Mark Schwarting Dave Bey Paul Hagen	Kim Wesbrook Marcie Watson Bruce Barnes
Communion Clean-up		Larry Johnson Judy Johnson	Marilyn Duning Faye Birky	
Greeter	Jeff Woodburn Dawn Woodburn	Tom Schamberger Jim Kennedy Dorothy Lutz	Edna Mator LeAnn Erenberger Mark Erenberger	Rhett Ruzicka Theresa Lent Tom Saxen
Lector/Liturgist	Robin Wagner	Jim Gruettner	Thomas Wolle	
Nursery		Anita Reisner	Christi Rink Dan Rink	Hayley Wesbrook
Prayer Team				Bill Lottes Sue Lottes
Projectionist	Mike Humbert	Russ Filip	Kyle Kazimour	Schaefer Justin
Radio	Ruth Hallquist			
Usher	Larry Rustand Theresa Brandon	Dave Lensch Charles Merrifield Mary Van Houten Jean Kvach	Jim Schultz Mike Whitehill Dick Johnson Jackie Johnson	George Palmer Pauline Goldsberry Rich Goldsberry

	Nov 12, 5 PM	Nov 13, 8 AM	Nov 13, 9:30 AM	Nov 13, 11 AM
Acolyte			Hallie Cooper Sean Bryant	Emily La Grange Emily LaGrange
Altar Guild	Rose Ann Jensen, Jean Kvach, Mary Van Houten, Lisa Williams			
Choirs		HS Bells	Adult choir	Cherub choir
Coffee Host			Linda Arneson Dean Arneson Phil Lenzen	
Communion Assistant	Baptism Weekend- No communion			
Communion Clean-up				
Greeter	Larry Stolte Margaret Wells	John Faurote Betty Lietz Angie Wilson	Jeff Rosauer Hal Schaefer Joyce Schaefer	Carol Melsha Marcie Watson Cheryl Zapf
Lector/Liturgist	Richard Wagner	Kallie Meyer	Chris Hogenson	
Nursery		Connie Stusak	Nancy Ketchum Suzi Cooper	Glorie Borsay
Prayer Team				Sue Fletcher
Projectionist		Matthew Berge	Brad Zimmerman	Jacob Bartels
Radio	Harlan Hanson			
Usher	Rose Ann Jensen Paul Jensen	Dave Lensch Charles Merrifield Mary Van Houten Jean Kvach	Jim Schultz Dick Johnson Jackie Johnson Mike Whitehill	George Palmer Pauline Goldsberry Rich Goldsberry

	Nov 19, 5 PM	Nov 20, 8 AM	Nov 20, 9:30 AM	Nov 20, 11 AM
Acolyte			Jonathan Melander Allissa Schwarting	Madeline Knutson Shelby Cook
Altar Guild	Rose Ann Jensen, Jean Kvach, Mary Van Houten, Lisa Williams			
Choir		MS Bells/Choir	Adult choir	Contemp. Singers
Coffee Host			David Schroeder Nancy Schroeder	
Communion Assistant		Sarah Olmstead Tom Olmstead Doug Dyrland	Sue Tesdahl Rose Gordon Bruce Barnes	Lori Musil Joe Musil Kandy Sands
Communion Clean-up		Betty Kruse Jo Ann Scheer	Todd Anderson Krista Anderson	
Greeter	Cathy Jansa Nick Hansen	Dorothy Lutz Amy Hansen Lottie Sands	Tracie Coppess	Nick Vsetecka Sarah Simmen Jarin Sund
Lector/Liturgist	Scott Beaty	Vicki Hughes	Chad Haug	
Nursery		Anita Reisner	Shirley Bradley Nicole Chavez	Nancy Ketchum
Prayer Team				Liz Stansbury, Fred Stieglitz, Sue Fletcher
Projectionist	Mike Humbert	Chris Hansen	Nick Nelson	Jocelyn Wood
Radio	Harlan Hanson			
Usher	Bob Schwarting Kathy Schwarting	Dave Lensch Charles Merrifield Mary Van Houten Jean Kvach	Jim Schultz Dick Johnson Jackie Johnson Mike Whitehill	George Palmer Pauline Goldsberry Rich Goldsberry

	Nov 26, 5 PM	Nov 27, 8 AM	Nov 27, 9:30 AM	Nov 27, 11 AM
Acolyte			Kyle Briggs Tyler Dennis	Haleigh Houston Gunnar Bosking
Altar Guild	Rose Ann Jensen, Jean Kvach, Mary Van Houten, Lisa Williams			
Choir	Adult choir	Jubellation	Luther Bells	
Coffee Host			Bob Buntz Lois Buntz	
Communion Assistant		Helen Kupka Roxanne Rieder Tony Rieder	Kathy Stickney Gary Peterson Kay Gloe	Sam Houston Vicki Finkstein
Communion Clean-up		Barb Dietz Bob Dietz	Doug Nietert Lori Nietert	
Greeter	Jeff Woodburn Dawn Woodburn	Angie Wilson RanDee Hupp Max Stark	Wendy Bunch Landon Bunch Rod Bunch	Luann Gilman Pat Wedemeier
Lector/Liturgist	Mary Kay Grodt	Brian Middleswar	Ron Sunderman	
Nursery			Kelli Stodola Dan Rink	Suzi Cooper
Healing Prayer Team	VOLUNTEERS ARE NEEDED, Please call the church office to volunteer			
Projectionist	Hailey Freeze	Max Stark	JC Parks	Joey Sumner
Radio	Brett Wolgast			
Usher	Loren Jansa Marv Quaas	Charles Merrifield Mary Van Houten Jean Kvach	Jim Schultz Dick Johnson Jackie Johnson Mike Whitehill	George Palmer Pauline Goldsberry Rich Goldsberry

Please include in your Prayers...

50+ Anniversary in November:

Mary & Glenn Hykes 65 years on November 10.

90+ Birthdays in November!

Vern Ann Baxter, 98 years young on November 24.

Berdiva Klegseth, 91 years young on November 2.

Leah Lander, 90 years young on November 18.

Hospitalized: *released as of October 18.

St. Lukes Hospital

Dennis Long*	Eleanor Cervantes*	Dave Kurka*
Glen Muters*	Gary Anderson*	Dave Moore*
Karen Moore*	Annemarie Stark*	Norman Ramsey
Robert Gruhn	Edsel McMickle	

Mercy Hospital

Norman Long*	Janet Long*	Wally Benson*
Jennifer Bradley*	Melva Durbin	Honorine Reuter

Rochester Mayo Hospital

Amber Jungjohann*	Kathy Koenig*	Jeanie DeWolf
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U of I Hospital

Whitney Sumner	Norman Ramsey*
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Our Sympathy to:

Denise Moen, Katie & Cameron Jones,

on the death of Denise's father, Bob Harrington.

Janice White and family and Russ Swain,

on the death of Jan's mother, Alice Zuroske.

Scott and Kim Wesbrook and family

on the death of Scott's father, Melvin Wesbrook.

LaVern and Rose Gordon

on the death of LaVern's father, Richard Gordon.

Wendy and Rick Kemmann and family

on the death of Wendy's grandmother, Rose Ketchum.

Dennis and Jennifer LaGrange and family

on the death of Dennis' mother, Anneliese LaGrange.

Kevin and David Tann on the death of

David's father Gerald, "Jerry" Tann.

Anne and Phil Lenzen and family,

on the death of Anne's mother JoAnne Hedlin.

FIRST LUTHERAN WORSHIP GUIDE

Saturday Evening Worship: 5:00 p.m.

Traditional Worship: 8 & 9:30 a.m.

Contemporary Worship: 11 a.m.

This information is preliminary and subject to change.

October 22 & 23 – The 19th Sunday after Pentecost

Preaching: Pastor Craig Brown

Choirs: 8:00 – Cherub Choir

9:30 – Jubellation, Middle School Choir

11:00 – Middle School Handbells

October 29 & 30 – Reformation Sunday: Hymnfest

Preaching: Pastor Steve Knudson

Choirs: 8:00 & 9:30 Rhapsody Ringers
& Adult Choir

November 5 & 6 – All Saints' Sunday

11:00 a.m. Affirmation of Baptism Service

Preaching: Brian Middleswarth AiM,
Director of Teen Ministry

Choirs: 8:00 – Chapel

9:30 – Contemporary

11:00 – Jubellation

November 12 & 13 – The 22nd Sunday after Pentecost

Preaching: Pastor Craig Brown

Choirs: 8:00 – High School Handbells

9:30 – Adult Choir,

11:00 – Cherub Choir

Fellowship — Join others for snacks and refreshments in the narthex. Coffee, tea, lemonade, and snacks are offered Sunday mornings from 9:00 - 11:00 a.m.

Rides for Worship — Rides can be pre-arranged for weekend services. Call Wendy Kemmann in the church office for information.

Radio Ministry — First Lutheran reaches the community by radio on Sunday mornings at 8:30 a.m. on KMRY 1450 AM or their new simulcast at 93.1 FM.

Address Service Requested

Serving Our Community



Our Member Richard Wagner was recognized with the Governor's Volunteer Award this year for his work with St. Lukes Hospital.

Richard (center) is seen here during the award ceremony at Linn Mar High School with Governor Terry Branstad and Lieutenant Governor Kim Reynolds (left and right, respectively).

We salute Richard for this honor, and all of our members who selflessly give their time across our community. Thank you all for doing God's work with your hands.

Meet the Council: Jim Mohni



Jim has been a member of First Lutheran since 2001. Jim has participated in small groups, served as Communion Assistant and usher, and volunteered with SEMP. He was elected to Council in 2009 and has served as Treasurer since January of 2011.

He is married to Nancy Metier Mohni and has two children--Audrey and Anna who are both presently in college at University of Wisconsin-Madison and Cornell College, Mt. Vernon.

Jim graduated from Luther College and is currently employed as Director of Finance & Administration for the Amana Society, Inc. He also serves on the board of directors for His Hands Free Medical Clinic and the Richards Institute of Education & Research. In their spare time, Jim and Nancy own and operate Cedar Storage Southeast, a local self storage facility. As time permits, they also enjoy reading, walking, movies, and time with friends.

First Lutheran Church

1000 Third Ave. SE • Cedar Rapids, IA 52403

Ph: (319) 365-1494 Fx: (319) 364-3962

online at www.firstlutherancr.org

- | | |
|---|---|
| Steve Knudson
extension 107 | Senior Pastor
stevek@firstlutherancr.org |
| Craig Brown
extension 106 | Associate Pastor
craigb@firstlutherancr.org |
| Kay Slocum
assistant's ext. 109 | Part-time Visitation Pastor
kays@firstlutherancr.org |
| Gordon Epping
extension 111 | Director of Administration
gordone@firstlutherancr.org |
| Marcie Watson
extension 280 | Dir. of Spiritual Transformation
marciew@firstlutherancr.org |
| Brian Middleswarth
extension 104 | Dir. of Teen Ministry
brianm@firstlutherancr.org |
| Marissa Letscher
extension 115 | Dir. of Children & Family Ministries
marissal@firstlutherancr.org |
| Barb Hanson
extension 270 | Dir. of Equipping Ministry
barbh@firstlutherancr.org |
| Lindsey Scheibe
extension 114 | Dir. of Small Group Ministry
lindseys@firstlutherancr.org |
| Brett Wolgast
extension 112 | Cantor
brettw@firstlutherancr.org |
| Marita Wolgast
extension 113 | Coor. of Traditional Worship
maritaw@firstlutherancr.org |
| Tanya Rosenkranz Malloy
extension 250 | Dir. of Children's Choirs
tanyar@firstlutherancr.org |
| Hailee Gehrls
extension 220 | Dir. of Middle School Choir
haileeg@firstlutherancr.org |
| Janiese Karpa
extension 260 | Minister of Contemporary Worship
janiesek@firstlutherancr.org |
| William Mittelsteadt
extension 116 | Communications Editor
willm@firstlutherancr.org |
| Wendy Kemmann
extension 109 | Administrative Assistant
wendyk@firstlutherancr.org |
| Vicki Hughes
extension 101 | Receptionist
vickih@firstlutherancr.org |
| Joey Sumner
extension 119 | Building Superintendent
joey@firstlutherancr.org |
| Eric Driscoll, Scott Peterson | Custodians |
| Char Adams | Lead Nursery Attendant |