



Adult Tennis Clinics Spring 2012

USTA Competitive Training Center (CTC)
 USTA Mid-Atlantic Tennis Facility of the Year
 Tim Bainton, Tennis Director: 2011 USTA Virginia Teaching Professional of the Year
 Patrick Escalambre, USPTA, 2011 USTA Virginia Tournament Director of the Year
 Program begins February 27th and lasts through April 22nd , Eight Week Session
 *Member Discounts only apply for tennis members.



Adult Beginner

Players with little or no exposure to tennis will be introduced to proper grips, basic swing motion for all strokes, rules, scoring and court etiquette. This class benefits players with a NTRP rating of 1.0-2.0

Date	Time	Member	Non-Member
Wednesday	6:30-7:30pm	\$154	\$198
Sunday	12:00-1:00pm	\$154	\$198

Adult Intermediate

A combination of dead and live ball drills are used in this class to work on consistency, accuracy, and strategy. This class is targeted for GWTA C1 players. Must have an NTRP rating of 2.5-3.0.

Date	Time	Member	Non-Member
Wednesday	7:30-8:30pm	\$154	\$198
Friday	10:00-11:00am	\$154	\$198
Sunday	1:00-2:00pm	\$154	\$198

Adult Advanced

Students must be approved through participation in Adult Intermediate program or have a USTA rating of 3.5 or above. This class is geared towards GWTA B4 & B1 players.

Date	Time	Member	Non-Member
Wednesday	8:30-9:30pm	\$154	\$198
Sunday	2:00-3:00pm	\$154	\$198

Free Stroke of the Week

Space is limited. Please sign up through our on-line reservation system to guarantee your spot in the class. Check out our Facebook Blog and our online reservation system every Monday for tennis tips , updates, and the specific "Stroke of the Week". **Tennis Members Only.**

Date	Time
Friday	6:00-7:00pm
Wednesday	9:00am-10:00am

USTA Primetime Doubles Clinics



For USTA Players looking to get an edge through drill and point based situation. The class will consist of two parts: instruction and match play. Players are encouraged to bring a partner. Drop in rate.

Date	Time	Member	Non-Member
Sunday	8:00-10:00pm	\$25	\$35

USTA COMPETITIVE TRAINING CENTER

Contact Information:

Name: _____ Tennis Member? Yes No
 Home Phone #: _____ Emergency Phone #: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Signature: _____ Date: _____ Payment: On Account Check Cash VISA/MC

Withdrawal Policy: Full payment for each session must accompany this form. Withdrawals must be received prior to the start of the session and are subject to a \$25 service charge. **Refunds will not be issued for any reasons. Refunds will not be given for missed classes. All prorating of rates must have approval from the Tennis Director.** It is understood that the student is in overall good health condition. With this registration, it is agreed to hold MTVAC and its staff harmless for injury or loss that may occur as a result of my (or child's) participation in the MTVAC's activities. All guests, including parents of children, must sign in at the front desk prior to entering. Equipment in the fitness area is for Members Only and cannot be used by visitors. Children under 12 must be with an adult or in the babysitting room if not participating in clinics or classes.