



MOUNT VERNON
ATHLETIC CLUB

Junior Tennis Clinics Spring 2012

USTA Competitive Training Center (CTC)
USTA Mid-Atlantic Tennis Facility of the Year
Tim Bainton, Tennis Director: 2011 USTA Virginia Teaching Professional of the Year
Patrick Escalambre, USPTA, 2011 USTA Virginia Tournament Director of the Year
Program begins February 27th and lasts through April 22nd, Eight Week Session
**Member Discounts only apply for tennis members.*



USTA COMPETITIVE TRAINING CENTER



Quick Start I ages 4-6 years *Red Ball*

This is an exciting new play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions, tailored to age and size.

| Date | Time | Member | Non-Member |
|-----------|-------------|--------|------------|
| Monday | 3:00-3:45pm | \$116 | \$149 |
| Wednesday | 3:45-4:30pm | \$116 | \$149 |
| Friday | 4:00-4:45pm | \$116 | \$149 |
| Saturday | 1:00-1:45pm | \$116 | \$149 |



Quick Start II ages 7-8 years *Orange Ball*

Quick Start II Tennis is designed to further develop technique and introduce more advanced drills and games. Participation in Quickstart I or previous tennis experience preferred. Match play will be utilized.

| Date | Time | Member | Non-Member |
|----------|-------------|--------|------------|
| Monday | 3:00-4:00pm | \$154 | \$198 |
| Saturday | 1:00-2:00pm | \$154 | \$198 |

Junior Beginner ages 9-14 years *Green Ball*

Students with little or no exposure to tennis will be introduced to proper grips, and basic swing motion for all strokes.

| Date | Time | Member | Non-Member |
|-----------|--------------|--------|------------|
| Monday | 4:00-5:00pm | \$154 | \$198 |
| Wednesday | 4:00-5:00pm | \$154 | \$198 |
| Saturday | 12:00-1:00pm | \$154 | \$198 |

Junior Intermediate ages 9-14 years *Green Ball*

Students who have graduated from the Junior Beginner program or approval from a tennis professional, will be exposed to more complex advance stroke production, strategy, match play and foot work drills.

| Date | Time | Member | Non-Member |
|-----------|--------------|--------|------------|
| Monday | 4:00-5:00pm | \$154 | \$198 |
| Wednesday | 4:00-5:00pm | \$154 | \$198 |
| Saturday | 12:00-1:00pm | \$154 | \$198 |

Competitive Performance (*Age 12 and under*)

Intensive training including advance stroke, production match play, and conditioning. This class is for students who are interested in or have begun participating in USTA tournaments. The Tuesday class will include a 30 minute classroom session. This class is a pathway to being accepted into High Performance. **Participants must have approval from a tennis professional. 2 Days a week advised. 10% discount for 2 days.**

| Date | Time | Member | Non-Member |
|---------|-------------|--------|------------|
| Tuesday | 4:30-6:30pm | \$281 | \$344 |
| Friday | 4:30-6:00pm | \$231 | \$294 |

Junior Performance (*Age 12 and over*)

Intensive training including advance stroke, production match play, & conditioning. This class is for students who are playing USTA tournaments and/or competing at the high school level. This class is a pathway to being accepted into High Performance. **Participants must have approval from a tennis pro.**

| Date | Time | Member | Non-Member |
|-----------|-------------|--------|------------|
| Wednesday | 4:30-6:00pm | \$231 | \$294 |
| Saturday | 2:00-3:30pm | \$231 | \$294 |

High School Varsity

Students who want to improve their skills for high school competition. Players must be of High School age. Previous experience playing varsity tennis preferred.

| Date | Time | Member | Non-Member |
|----------|-------------|--------|------------|
| Saturday | 5:30-7:00pm | \$231 | \$294 |

Contact Information:

Name: _____ Tennis Member? Yes No

Home Phone #: _____ Emergency Phone #: _____

Parents E-mail: _____ Parents Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Signature: _____ Date: _____ Payment: On Account Check Cash VISA/MC

Withdrawal Policy: Full payment for each session must accompany this form. Withdrawals must be received prior to the start of the session and are subject to a \$25 service charge. **Refunds will not be issued for any reasons. Refunds will not be given for missed classes. All prorating of rates must have approval from the Tennis Director.** It is understood that the student is in overall good health condition. With this registration, it is agreed to hold MTVAC and its staff harmless for injury or loss that may occur as a result of my (or child's) participation in the MTVAC's activities. All guests, including parents of children, must sign in at the front desk prior to entering. Equipment in the fitness area is for Members Only and cannot be used by visitors. Children under 12 must be with an adult or in the babysitting room if not participating in clinics or classes.